



HKCPSYCH
ANNIVERSARY



THE 2018 HKCPSYCH INTERNATIONAL MENTAL HEALTH CONGRESS

“Changes and Opportunities beyond 25 Years”

POST-CONGRESS WORKSHOP ON PSYCHOTHERAPY WITH THE TAVISTOCK AND PORTMAN NHS FOUNDATION TRUST, UK



Date : 16 December 2018 (Sunday)

Time : 9:00 a.m. - 5:30 p.m.

Venue : Function Room, 2/F, Hong Kong Academy of Medicine Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen



Dr Joanne STUBLEY

Dr Joanne STUBLEY is a Consultant Psychiatrist in Psychotherapy and the clinical lead for the Tavistock Trauma Service. She is a member of the British Psychoanalytic Society and is also trained in Trauma – Focused Cognitive Behavioural Therapy and Eye Movement Desensitization and Reprocessing (EMDR). She is co-Chair of the Royal College of Psychiatrists' Psychotherapy Faculty Task group on Historical Child Sexual Abuse and has a special interest in Complex and developmental Trauma.



Dr Julian STERN

Dr Julian STERN trained in Psychiatry and Psychotherapy at the Maudsley Hospital, and at the Lincoln Centre, now part of the BPF (British Psychotherapy Federation). For 17 years he headed the unique Psychological Medicine unit at St Mark's Hospital, Harrow, a hospital for patients with gastrointestinal disorders, before moving to the Tavistock Centre in 2010, where he has worked as Consultant Psychiatrist in Psychotherapy. In 2016 he was appointed director of Adult and Forensic services in the Trust. He has a special interest in patients with Medical symptoms and disorders. He has published widely, in medical, psychotherapy and psychiatry journals and is co-editor of the popular textbook "Core Psychiatry".

PROVISIONAL PROGRAMME

Time	Topic
09:00-11:00	Understanding Trauma: Principles and Practice
11:00-11:15	Coffee Break
11:15-12:45	Complex PTSD and Historical Child Sexual Abuse: Working across Modalities
12:45-14:00	Lunch
14:00-15:30	Psychodynamic Psychotherapy — Foundations of the Approach and How Far Can It Go?
15:30-15:45	Coffee Break
15:45-17:30	Working Psychotherapeutically with Patients with Medical Symptoms - Both MUS and Long-term Conditions Case Presentation and Discussion

The Programme is subject to change without prior notice.

REGISTRATION FEE*

HK\$1,500	For Fellows, Members & Inceptors of the Hong Kong College of Psychiatrists
HK\$ 2,000	For other medical and allied health professionals

** Registration fee includes admissions to the post-congress workshop, coffee and tea, light lunch, and a certificate of attendance on 16 December 2018.*

CME Points: Pending

Please register ONLINE at

www.psy2018.hk



Enquiry:
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