THE HONG KONG ACADEMY OF MEDICINE NEWSLETTER

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Dear Fellows and colleagues,

Happy Lunar New Year! First of all, may I wish all of you good health and prosperity in the Year of the Dog!

"A year's plan starts with spring", but the Academy has started planning for our 25^{th} anniversary celebration since last year. The first thing you may notice is our anniversary logo, highlighting the theme "Medical Excellence for a Healthy Future" (Chinese: "弘醫道·育專才·建未來"). Indeed, that was the first celebration activity that we engaged our Fellows in, as the logo was the winning design by one of our Fellows in the anniversary logo design competition held last year. The anniversary theme precisely conveys the Academy's mission. Beyond our core mission to uphold medical professionalism, we will also continue to enhance engagement with Fellows and nurture young leaders for the sustainable development of our profession. To help achieve that, an array of celebratory and educational activities will soon be held after our kick-off ceremony on 26 February. One of our upcoming major events is the annual Medical Education Conference. This year's theme is "Cultivating Professionalism and Research in Medical Education". More details of our various events will come. Please stay tuned!

As just said, the Academy strives to engage Fellows in all of our activities. We would like to know your thoughts on issues related to the Academy. The most recently topical matter in the profession was probably the Government's revised proposal on the composition of the Medical Council of Hong Kong (MCHK) announced last October. The latest plan proposes that there will be an addition of two seats who are our Fellows and who are nominated and elected by Fellows, in accordance with the regulations or procedures of the Academy. We attach great importance to your views and thus organised an open consultation forum on 30 November 2017 to collect opinions on the nomination and election mechanism of these two additional Academy seats in the MCHK. We also conducted a survey among all Fellows on this issue during December to January. The results revealed a majority of respondents agreed that no prerequisite requirements or conditions would be needed for the two seats from the Academy and that the two candidates should be nominated and elected by all Fellows. The Academy Council discussed the results and resolved to accept the views reflected by most of the respondents in the survey. Here, I would like to express my sincere thanks to all of you who participated in the consultation processes and helped us reach a consensus. We will continue to keep you informed of the progress and communicate with you on this issue in a timely manner.

Last but not least, I would like to say a few words about our Conferment Ceremony held last December. It was a very important event as that evening meant something more than a usual ceremony for admitting new Fellows, but a conclusion of our achievements in the year, particularly with that being my first year as the President. In my speech (reproduced on page 3), I talked about our commitment and also plans for the years to come. Specialist training is certainly our main focus and we aim to launch an e-portfolio system to facilitate training and assessment. During last year, we visited College Councils to understand their needs while we work out a plan to encourage inter-College recognition of specialist training. In addition, we will continue to collaborate with our counterparts in China and overseas to foster exchange of knowledge and best practices. Finally, your opinions, and participation in Academy events, are important to us. We will continue to improve our communication channels with all of you.

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President's Message (cont from page 1)

The December Conferment Ceremony was also a very special occasion for us because we missed our Founding President Prof Sir David Todd. Prof Todd had always attended the ceremony to encourage new Fellows and celebrate their successes. Apart from a tribute session to him, we also produced a memorial book that was distributed to participants that evening. As many of you may have been students of Prof Todd, I would like to remind you that we should follow his guidance — we must unite, be professional, and stand firm on our commitment to deliver the best of all that is in us to the community.

> Prof CS Lau President March 2018

Highlights of the Academy's Events 24th Annual General Meeting, 24th Annual Fellowship Conferment Ceremony, and 2017 David Todd Oration, 15 December 2017

24th Annual General Meeting (AGM)

The Academy held its AGM in the Lim Por Yen Lecture Theatre on 15 December 2017. During the meeting, the Council's Report, Honorary Treasurer's Report, audited accounts, appointment of the auditors, and the admission of new Fellows were formally endorsed.

The results of the election of five new Elected Council Members were also announced during the AGM. The elected Fellows are: Dr CHEN Phoon Ping (Anaesthesiologists), Prof Gabriel LEUNG (Community Medicine), Dr LUK Hung To (Surgeons), Dr TANG Wai Lun (Pathologists), and Dr Clara WU (Emergency Medicine).



Annual Fellowship Conferment Ceremony

The Annual Fellowship Conferment Ceremony was successfully held on the same evening in the Run Run Shaw Hall. Honours and awards were presented to recognise the achievements and contributions of a number of individuals, in the presence of the Academy Council, as well as prestigious guests from the profession and the Government.



24th Annual Fellowship Conferment Ceremony Welcome Speech by President Prof CS Lau

Distinguished members of the platform party, Presidents and representatives of the Academy Colleges, New Fellows, guests, ladies and gentlemen,

Welcome! This Annual Conferment is our grandest event of the year when we honour people who have made significant contributions to the Academy, admit new Fellows, reward trainees for their excellent research efforts, acknowledge good quality original articles published in our own *Hong Kong Medical Journal*, and receive the David Todd Orator.

The reception that follows is an excellent occasion for our Fellows and guests to interact socially, and to wish each other a Merry Christmas and a prosperous New Year to come!

With this being my first speech as your President at our annual Fellowship Conferment Ceremony, I would like to first thank my predecessors, Past Presidents who are here, as well as those who did not make it this evening, for their visionary leadership and devotion over the years building a strong foundation on which I now work. Particular thanks are due to Dr Donald Li, Immediate Past President, for guiding me through my formative years as Vice-President in the preceding 4 years, and giving me much needed advice at times of uncertainties in the past 12 months. Thank you!

I would also like to thank all of you for entrusting me as your President. With support from the Council, much has been achieved in the past one year. For this, may I refer you to the recently published Annual Report of the Academy. In the ensuing 10 minutes, let me highlight some of the things that I feel the Academy should continue to do, and do well, in the next one, two and three years.

There are four areas that the Academy should focus on. First, the Academy will continue our commitment to enhance clinical specialist training in Hong Kong through the following ways.

Short of a crystal ball that informs us of what needs are ahead, we strive to work closely with our partners in health, including the Food and Health Bureau, Hospital Authority, Department of Health and other training partners, to embark on specialist manpower planning and projection that will guide the Academy and her constituent Colleges to better plan their training development based on local epidemiology, the Government's health policies, resource availability and advances in technology.

Any such projection must take into account trainees' and trainers' time to be ring-fenced for training purposes, and training purposes alone, as well as the needs for overseas experience and academic pursuits in the form of clinical research for trainees.

Along this, we also target to launch an e-portfolio system to facilitate training and assessment, and to track the academic outcomes of our trainees.

With the majority of trainees entering specialty training immediately after internship, there is a risk that we become too highly specialised, forgetting the core / generic elements of medicine. We have visited all but one College Councils in the past few months and there was a general agreement that the inclusion of core medical subjects should be considered during the early years of specialty training. In addition, inter-College recognition of such training / experience would be encouraged. We will work out a plan on these arrangements.

Besides risking training overly specialised doctors, there is a danger that technological advances in this era of the Fourth Industrial Revolution may turn many of us into robot doctors. Understanding law and ethics, and being humane and professional are important. Colleges will be encouraged to include professionalism in their training and assessment to ensure that future specialists of Hong Kong continue to uphold the Hippocratic Oath and safeguard the wellbeing of our patients. Indeed, medical professionalism has been a major theme of our annual Medical Education Conference in the last two years. The Academy will continue to promote this through organising workshops and relevant courses on this subject.

Regarding matters about education, the Education Committee, ably led by our Vice-President (Education and Examinations) Professor Gilberto Leung, will organise Train-the-Trainers workshops to encourage College trainers to gain insights in effective training pedagogies.

Much has been said about the effectiveness of simulation training in technical and communication skills, and for the latter, particularly between colleagues of different specialties. Simulation training is being slowly adopted by a number of Colleges as part of their core training. We will continue to push this front and encourage more Colleges to include this form of training in their curriculum and assessment, and CME and CPD.

"Credentialling" is an important process to ensure safe and high quality healthcare services are delivered. Some ground work has been laid and the Education Committee will continue to work with Colleges and other partners to formulate guidelines for the credentialling of various clinical procedures.

Second, the Academy should extend our work from training our own to sharing our experience with others. The Academy will continue to collaborate with many counterparts in China and overseas to foster knowledge exchange.

The Academy has had a good working relationship with our Chinese counterparts, particularly through our memorandum of understanding with the National Health and Family Planning Commission, for a number of years. However, our efforts have not been focussed and sustained enough due to the sheer size of China and limited resources we have at the Academy. In the next few years, we will concentrate our efforts strategically working with partners nearby in the Southern part of China along the Greater Bay Area. We will support the development of their resident and specialty training programmes through sharing of curriculum and experience.

Other than China, we have established partnerships with the Royal College of Physicians and Surgeons of Canada and the International Association of Medical Regulatory Authorities, as well as our long-time partners in Malaysia and Singapore. It is important that the Academy is being acknowledged as a key alliance in clinical specialist training in the international arena. With this in mind, we will continue to work with agencies in other developed countries in Europe such as the United Kingdom, and the Asia Pacific region such as Australia and New Zealand.

Third, we need to improve our communication and dialogues with our Fellows and trainees. For whatever the Academy does, a lot of it is for them.

Discussions on the Medical Registration (Amendment) Bill in the last almost two years have given us much food for thought to implement initiatives for better communication with and be more responsive to the needs of our Fellows, particularly the younger generation and trainees. Future communications, e.g. through our monthly e-News, will not only include a report of our achievements but also plans for the future and invitation for them to contribute actively.

As you would have read in our Annual Report, to nurture young leaders in the profession, the Academy officially formed the Young Fellows Chapter in July 2017. These Fellows are given the opportunity to participate in all official functions of the Academy which allow them to have a better understanding and direct engagement of our work.

The fourth area is about engagement of the community through our usual channels, as well as promotion of disaster preparedness and response. By now, I am sure most of you are familiar with the work of our Hong Kong Jockey Club Disaster Preparedness and Response Institute. We have, in the last few years, established ourselves as a regional and international leader in disaster preparedness and response. In the years to follow, we will concentrate our efforts on promoting community resilience, primarily in Hong Kong.

Let me end by reminding you that the Academy, though still young, has come a long way since Professor Sir David Todd and other senior colleagues had it founded 24 years ago. We will be celebrating our 25th anniversary next year. The kick-off ceremony will be on 26 February and we will announce, in due course, other activities, including the Medical Education Conference that will take place on 5 May, an inter-College basketball tournament, and the finale Academy Congress on 7-9 December.

To all of you, particularly our young Fellows, let me make this plea that we should unite and work together to make ourselves and Hong Kong proud of the Academy. Receiving the diploma this evening is more than just a declaration that you are now specialists, but you are good specialists and a part of this Academy – now and in the future!

Presentation of Honorary Fellowship

The Academy's Immediate Past President, Dr Donald Li, was conferred an Honorary Fellowship in recognition of his outstanding achievements and contributions to the medical profession, the Academy and the community.



Admission of Academy Fellows

During the Ceremony, 256 new Academy Fellows were conferred by the Academy President. The full list of new Fellows is available on the Academy website.



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Presentation of Plaques and Awards

Award	Winner	Research Topic
Gold Medal	Dr Crystal Lee (College of Dental Surgeons of Hong Kong)	Neuroprotective, analgesic, and antioxidative effects of melatonin in surgical patients: a double-blinded, randomised, controlled clinical trial
Silver Medal	Dr James Chow (Hong Kong College of Radiologists)	Risk of second primary tumours in patients with nasopharyngeal carcinoma following definitive intensity-modulated radiotherapy
Bronze Medal	Dr YH Chan (Hong Kong College of Physicians)	Lifelong burden of vitamin D deficiency increases clinical cardiac events and death unraveled by an exome chip-derived multi-loci genetic risk score: a Mendelian-randomised study

Best Original Research by Trainees (BORT)

Best Original Paper Award (BOPA)

Dr Esther Chan, corresponding author received the BOPA for the paper, entitled "Improving medication safety and diabetes management in Hong Kong: a multidisciplinary approach", on behalf of Dr Agnes YS Chung et al.

Plaques of Appreciation

This year, Plaques of Appreciation were presented to the following ex-Council Members for their years of service to the Academy Council.

Prof TF Fok	Ex Officio Member	(December 2003 - December 2006)
	Vice-President (General Affairs)	(December 2012 - December 2016)
Prof William Wei	Ex Officio Member	(October 1995 - February 2002)
	Elected Member	(December 2005 - December 2012)
	Honorary Treasurer	(December 2012 - December 2016)
Prof Ignatius Yu	Editor	(December 2010 - December 2016)
Dr John Liu	Ex Officio Member	(August 2015 - August 2017)
Dr SK Chan	Ex Officio Member	(December 2014 - December 2016)
Dr HF Ho	Ex Officio Member	(September 2011 - October 2017)
Dr PC Chow	Ex Officio Member	(May 2013 - May 2017)
Dr John Woo	Ex Officio Member	(November 2013 - November 2017)
Prof Annie Cheung	Ex Officio Member	(November 2013 - November 2017)
Dr SF Hung	Ex Officio Member	(December 2006 - December 2010)
-	Elected Member	(December 2011 - December 2017)
Dr SH Tsui	Elected Member	(December 2015 - December 2017)

Award for the Academy's 25th Anniversary Logo Design Competition

The 25th Anniversary Logo Design Competition was successfully held. The winner is Dr Chi-kin Lo, a Fellow from the Hong Kong College of Orthopaedic Surgeons. The award was presented to him during the Ceremony on 15 December 2017. The winning logo has been refined and will be used on all occasions related to the Academy's 25th anniversary celebratory events, e.g. letterhead, souvenirs, website, backdrops, etc. The 25th Anniversary Organising Committee thanks all the entrants for their participation, and congratulates Dr Lo on his successful design.

Special tribute to the Academy's Founding President

The David Todd Oration was inaugurated in 1995 to honour the Founding President of the Academy, Prof Sir David Todd. Before the annual David Todd Oration began on 15 December 2017, the Academy paid a special Tribute to its Founding President, Prof Sir David Todd, who passed away on 16 August 2017. President Prof CS Lau gave a touching introduction and highlighted some of the enormous contributions made by Prof Todd in the establishment of this Academy. Some precious moments were also shared with the audience through a photo slideshow.

Prof Sir David Todd - A Visionary Medical Gentleman

A memorial book for Prof Sir David Todd was produced and distributed at the Conferment Ceremony. Fellows may now come to the Academy Lounge on 3/F or the Secretariat Office on 10/F of the Academy Jockey Club Building to get a complimentary copy. The books are available until 29 March 2018, while stock lasts.







2017 David Todd Oration



The Academy was privileged to have Prof Gabriel Leung, Dean of the Li Ka Shing Faculty of Medicine of The University of Hong Kong, to deliver the Oration last year. The Oration was entitled "Coming Full Circle".

Consultation on Nomination and Election of the Two Additional Members from the Academy in the Medical Council of Hong Kong (MCHK)

The Government has recently made a statement about the revised proposal on the composition of the MCHK. Under the new proposal, the Academy will have two additional seats in the MCHK which will be Academy Fellows elected in accordance with the regulations or procedures of the Academy.

The Academy therefore organised a Consultation Forum on the nomination and election mechanisms of the two additional members from the Academy in the MCHK on 30 November 2017. The suggestion of conducting a survey with Fellows was discussed and generally supported.

Survey Results on the Nomination and Election Mechanisms of the Two Additional Members from the Academy in the MCHK:

The Academy conducted a survey during 12 December 2017 - 5 January 2018 to collect Fellows' opinions on the nomination and election mechanism of these two additional seats in the MCHK.

Purpose

To collect views from Fellows on three aspects: 1) eligibility to stand for election; 2) nomination mechanism; and 3) means of election.

<u>Results</u>

A total of 7572 questionnaires were sent out. 1906 replies were received, giving a response rate of around 25%.

- 1. Eligibility to stand for Election A majority of Fellows (75%) agreed that no prerequisite requirements or conditions would be needed for the two seats.
- Nomination mechanism The majority (83%) considered that the candidates should be nominated by all Fellows directly, not via the Colleges nor by other means.
- 3. Means of Election

Most of the respondents (93%) agreed that the two additional seats should be elected by all Fellows, but not via the Academy Council nor by other means.

The Academy Council discussed the survey results and resolved to accept the views reflected by most of the respondents in the survey.

Assessment Workshop, 6-7 January 2018

The Education Committee of the Academy organised an Assessment Workshop on 6 and 7 January 2018 at the Academy Jockey Club Building. The workshop aimed to provide Fellows with an opportunity to keep abreast of best practices in assessment, share the assessment experiences and discuss assessment standards / methods relevant to postgraduate training. A total of 31 participants from 14 Colleges attended the workshop and their feedback towards the workshop was positive.



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Career Talk co-organised with Hospital Authority (HA), 20 January 2018



The Academy co-organised a Career Talk for interns with HA on 20 January 2018 (Saturday) at the Academy Jockey Club Building featuring highlights from the centrally-coordinated recruitment exercise for resident trainees. President Prof CS Lau attended the event and briefed the interns on postgraduate specialist training. He also introduced the function, facilities and developments of the Academy. After the presentations by the President and HA representatives, 17 specialties were divided into two batches with representatives from HA and the Academy to answer enquiries from the interns. The Career Talk attracted over 100 interns and they were very enthusiastic about specialist training.

News and Announcements

Academy welcomes Government's budget proposal to increase resources in specialist training

The Academy welcomes the Government's proposal to increase its expenditure on healthcare, particularly the increased resources in healthcare manpower training and dental services, as announced in the 2018-19 Budget by the Financial Secretary on 28 February. The Academy is pleased that the Government will allocate additional resources to enhance the specialist and higher training which has addressed the Academy's suggestion for enhancing specialist training in Hong Kong.

The Academy, as the statutory organisation responsible for training and accreditation of medical specialists, will continue to follow up with the Government and the Hospital Authority to implement the relevant plans. Through the additional resources in specialist training, the Academy hopes to drive the following proposals:

- 1. The Academy looks forward to the Government's steering to conduct manpower planning for different medical specialties, which would be useful for coping with the training and development of various specialties and service needs. The manpower planning would also help relieve the shortage of medical and dental specialists and imbalance problem of healthcare services.
- 2. The Academy hopes to further expand and reinforce the relevant projects on specialist training, including enhancement of training and assessment systems for the Academy's 15 specialty Colleges as well as engagement of educationalist / experts to review and strengthen the train-the-trainer programmes, for continuously improving the standard of specialists.
- 3. The Academy will also explore the feasibility to collaborate further with the Hospital Authority and other relevant organisations, based on the existing Innovative Learning Centre for Medicine, to foster simulation-based learning in cross-disciplinary training and arouse the awareness of disaster preparedness.
- 4. The Academy has always attached importance to medical professionalism and ethics. We hope to gain support through the increased resources to organise related training and seminars, so as to strengthen the doctor-patient relationship and enhance professionalism.

We will continue to collaborate with the Government and the medical profession, and contribute our suggestions on different issues about the healthcare development, in a view to upgrading the standard and quality of healthcare services in Hong Kong.

Academy launches anniversary commemorative website http://hkam25.hkam.org.hk

This year marks the Silver Jubilee of the Academy. The anniversary slogan is "Medical Excellence for a Healthy Future", which conveys our mission to upholding medical professionalism and nurturing young leaders for better healthcare. A series of celebratory events will be held during the year. The finale 25th Anniversary Congress on 7-9 December, with the theme "Beyond 25: New Paradigms in Healthcare", will serve as an excellent platform for local and international healthcare leaders and experts to share views on medical advances, innovative technologies and challenges across different specialties. Details about the provisional programme can be found at the Congress website http://page.hkam.org.hk/25Congress.



List of Anniversary Activities

Month/Date	Events			
26 February	Anniversary Celebration Kick-off and Spring Luncheon with Media			
5 May	Medical Education Conference Theme: Cultivating Professionalism and Research in Medical Education			
July - August	Intercollegiate Basketball Tournament			
3 October	Golf Tournament			
7-9 December	Anniversary Congress Theme: Beyond 25: New Paradigms in Healthcare 7 Dec - President's Dinner (by invitation only) 8 Dec - Opening Ceremony and Silver Jubilee Gala Dinner			

Your support and participation in the anniversary activities would make our anniversary memorable and meaningful. Please join as and be part of this auspicious occasion! For latest updates on the activities, please visit the anniversary commemorative website, http://hkam25.hkam.org.hk.

For enquiries, please contact the 25th Anniversary Secretariat at 25anniversary@event.hkam.org.hk.

Annual Subscriptions

Demand notes for the 2018 subscriptions were sent to Fellows in January 2018. Please settle the payment as soon as possible. Reminder:

- 1. All payments must be received by the Academy before 30 September. According to Bylaw 6.4: If a member's fee or any other moneys due by a member to the Academy is not received by the Academy within 9 months after such payment falls due, despite two written reminders by the Academy to pay, the member shall automatically forfeit his membership.
- 2. It is Council's policy that late subscriptions received by the Academy after 30 June will be subject to a surcharge of 5% on the subscription amount.
- 3. For Fellows who have authorised payment via bank transfer/credit card, payments will be deducted from their bank accounts or credit card automatically.
- 4. Fellows aged over 70, or have reached 70 before the beginning of the next subscription year, do not need to pay any subscription and will not receive a debit note.
- 5. Fellows residing outside Hong Kong or have reached the age of 65 and have retired from all remunerative practice/job/ business must submit written applications for reduced rates before 31 December if they wish to enjoy the reduced rates next year. For details, please visit http://www.hkam.org.hk/fellows_area/reduced_rate.pdf

CME/CPD Principles & Guidelines 2017-19

Please note that the CME/CPD Principles & Guidelines for the cycle 2017-19 will remain unchanged, i.e. no more than 75 points can be awarded for passive participation in a 3-year cycle. Fellows are strongly advised to maintain a balanced CME/CPD profile with a mix of different activities, in order to capture the full benefit of different types of CME/CPD activities. The document, Principles & Guidelines 2017-19, is available online on the Academy website.

(Note: Individual Colleges will have their own set of guidelines based on what has been agreed at the Academy level. There may be specific rules or requirements that the Colleges determine to be relevant for their specialties.)

To further enhance the online services for CME/CPD, the Academy has developed a mobile application for capturing attendance - iCMECPD App. It is now available at Apple's App Store and Google Play. You may download the App by scanning the respective QR code below (or search "icmecpd" from App Store / Google Play) and install it in their smartphone with operating system in iOS (8.0 or above) or Android (4.3 or above).







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To facilitate more efficient payment procedures, the Academy launched the credit card online payment service in mid-January 2018. Now, you can save time and settle the Academy's Fellowship annual subscriptions conveniently and quickly through online payment on the iCMECPD website.

What are the benefits?

- Save time and postage cost
- Settle annual subscription anytime, anywhere by using computer or mobile device
- Ensure your subscription can be settled on-time without delay
- Payment history and e-receipt are available anytime
- Go paperless to help the environment and reduce paperwork

Fellows can log into iCMECPD (https://www.icmecpd.hk/) and choose "Annual Subscription" under "Fellow's Area" of the main menu to settle the payment.

e-Receipt

A new function "e-Receipt" on the iCMECPD website is now available. Fellows who have settled the payment for 2018 subscription can login to iCMECPD (User's Corner > Receipt for Annual Subscription) to view and print their Annual Subscription receipts online. To reduce environmental impact, Fellows can indicate their preference in the debit note on whether to receive official receipt by post while settling the payment by cheque or Dah Sing HKAM Platinum Card.

Stay Up-to-Date by Updating Your Contact Information with Us by Logging into http://www.icmecpd.hk

Publications

The February 2018 issue of the *Hong Kong Medical Journal* is now available at www.hkmj. org.

Highlights:

Original Articles

Characteristics and clinical outcomes of living renal donors in Hong Kong Implications of nipple discharge in Hong Kong Chinese women Injuries and envenomation by exotic pets in Hong Kong

Review Article

End-of-life services for older people in residential care homes in Hong Kong

Medical Practice

Emergency thrombectomy for acute ischaemic stroke: current evidence, international guidelines, and local clinical practice

Annual Report 2017

The Academy's Annual Report has been published and is now available on the Academy's website.





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Position Statement on Simulation-based Learning

Document Number HKJCILCM/2017001-A-V1	Date: 20 November 2017
Published by	Endorsed and approved by
Hong Kong Jockey Club Innovative Learning Centre for	HKJC ILCM Advisory Committee (21 August 2017)
Medicine (HKJCILCM)	HKAM Council (16 November 2017)

1. Background

1.1 The Hong Kong Academy of Medicine through the Hong Kong Jockey Club Innovative Learning Centre for Medicine (HKJC ILCM) supports the use of simulation-based learning to complement traditional teaching methods, and recognise that it has the potential to add significant value to postgraduate medical education and training.

1.2 There is increasing evidence that simulation-based learning may provide high quality transformational learning experience across a wide spectrum of clinical training to enhance patient safety and outcome. The HKJC ILCM's mission aims to promote innovative simulation-based learning and research to enable healthcare professionals to deliver safe and quality patient care.

1.3 Simulation-based learning may take many forms, including use of part-task trainers, computer-based and virtual reality simulation to teach technical and psychomotor skills, or human patient simulation using manikins and standardised patients, or role play in a simulated clinical scenario to teach inter-professional communication, teamwork and other essential non-technical skills. Simulation provides a rich learning opportunity for learners to integrate knowledge with clinical practice in a safe learning environment without risk of harm to patients. The choice of modality depends on learners' training needs, their level of training, and the desired learning objectives.

1.4 The HKJC ILCM recognises that it is desirable for all simulation training programmes and trainers to achieve a set of minimum standards to ensure that programme curriculums are of high quality, and that they are delivered in the most effective way.

2. Objective

This document intends to provide guidance for the safe and effective use of simulation-based learning method in the postgraduate education and training of healthcare professionals to provide a useful learning experience.

3. Scope

This position statement applies only to simulation-based learning activities for healthcare professionals

4. HKJC ILCM Position

4.1 The use of simulation-based learning method should be evidence-based, and include a strong focus on evaluation and continuing improvement.

4.2 Simulation-based learning must be supported by transparent and accountable governance, with a view for sustainability in terms of workforce and infrastructure.

4.3 Simulation-based learning should be integrated into current curricula of relevant postgraduate medical education and training as much as possible.

4.4 Simulation-based learning curriculum must have clear learning objectives relevant to the needs of the learners, and designed according to their needs and level of training. Educational outcomes should be well defined and evaluated.

4.5 Attention must be given to ensure a safe learning environment to safeguard learners and trainers physical and psychological safety during and after the simulation training.

4.6 Special precautions must be taken when the simulation training is carried out in the in-situ setting of the real clinical area, to ensure safety of patients, their family members and other healthcare professionals in the area.

4.7 Trainers who facilitate and instruct a simulation-based learning programme must have undergone basic training in simulation-based learning, and credentialed to teach, design learning scenario and develop simulation training curriculum. The qualification required will depend on their role in the training programme.

4.8 Apart from the basic requirement of simulation-based learning training, trainers must also demonstrate that they are familiar and knowledgeable with the topic and curriculum of the programme they intend to teach.

4.9 All simulation trainers are recommended to maintain and refine their skills and knowledge through a structured continuous quality improvement and professional development programme.

Published on 20 November 2017

HKJC ILCM Upcoming Courses

	Course Title	Course Period	Application Status
1	Debriefing Skills for Simulation Instructors Course (DSSIC) – 2-day	14-15 April 2018 (Sat-Sun)	Application closes on 26 March 2018
2	Comprehensive Simulation Educator Course (CSEC) – 4-day	12-13 and 16-17 May 2018 (Sat-Sun and Wed-Thu)	Application closes on 13 April 2018
3	Advanced Debriefing Course (ADC) by Center for Medical Simulation – 4-day	17 and 19 - 21 June 2018 (Sun and Tue-Thu)	Application closes on 20 April 2018

For details of the above courses 1 - 3, please visit HKJC ILCM website at hkjcilcm.hk. Enquiries: 28718718 or hkjcilcm@hkam.org.hk



Two New Webcasts Out Now

The HKJCDPRI has released two new webcasts recorded from the Annual Conference on Disaster Preparedness and Response 2018.

The first webcast, "Leadership in Disaster Management", was delivered by Mr. Dick Lee Ming Kwai, Executive Director of the Hong Kong Institute for Public Administration and Former Commissioner of Hong Kong Police Force. Mr. Lee shared his experience and insights in the essentials of effective leadership in different phases of disaster management. The seminar will bring you a lot of memories related to major emergency incidents in Hong Kong in recent decades.

The second webcast, "Policy Implication of Health Impacts of Climate Change in Hong Kong – What's Next?", was delivered by Ms. Heidi Hung, graduate fellow of the CCOUC. Ms. Hung shared with participants the direct relationship between elevated temperatures and higher mortality and morbidity rates, and the harmful effects of worsening air quality on respiratory and cardiovascular health following climate change. Recommendations for policy makers were highlighted in the seminar.



Young Fellows Chapter Column

Message from YFC Office Bearers

We are very excited to be part of the Young Fellows Chapter (YFC) of the Academy, as nominated by the Colleges. Through the YFC, young Fellows can learn from the senior Fellows and communicate directly with the Academy Council, various committees and subcommittees, which facilitate the sharing of experience and knowledge within the profession. It also helps enhance the communication and improve collaboration amongst different specialties. At the same time, the potential of younger generations could be better utilised because the YFC allows the young Fellows to be more involved in the Academy's activities. During this year, YFC has set up four subgroups, including Newsletter column, Medical Indemnity, Medical Education Conference, and 25th Anniversary Congress, to facilitate co-ordination of different activities.

YFC Office Bearers

Dr Julian Fong (Chairman) Dr Kenny Kwan (Vice- Chairman) Dr Loretta Chan (Hon Secretary) Dr Joan Fok (Hon Treasurer) Dr Robert Loung (IT Officer)



YFC members meet regularly to discuss the annual plan.

YFC's involvement in the Academy's activities

Medical Education Conference (5 May): YFC will actively participate in the conference by sharing views on conducting research in Hong Kong in perspective of Young Fellows. The aim is to help promote and encourage an atmosphere of conducting research. YFC session: 14:00-15:30

25th Anniversary Celebration: YFC members has involved in the Organising Committee and different subcommittees of the 25th Anniversary. It's a great opportunity to observe and learn from senior Fellows how to engage and encourage participation of young Fellows in the Academy's activities, and also provide inputs on design and selection of the slogan, the utilisation of website for information sharing about activities and events, planning and co-ordination of social events such as Opening Ceremony of the 25th Anniversary Congress, President's dinner and Silver Jubilee Gala Dinner, etc.

Academy's activities attended by YFC members



24th Annual Fellowship Conferment Ceremony cum 2017 David Todd Oration

Monthly Yum Cha

Medical Indemnity Forum

In recent years there is rising concern over the professional indemnity insurance, due to the recent change in indemnity policy of the Medical Protection Society (MPS) towards obstetricians. YFC is holding a forum with an aim to introduce the concept of occurrence based versus claim based insurance, and the insurance products available in the market. A lawyer will also talk about different medico-legal issues such as the recent hottest topic, apology ordinance. Details are listed below.

Date : 14 April 2018 (Saturday) Time : 14:00-16:00 Register now at http://page.hkam.org.hk/MedicalIndemnityForum

Time : 14:00-16:00

Venue: Multi-functional Room, G/F, Block D, Queen Elizabeth Hospital For enquiries, please contact the YFC at vfc@hkam.org.hk.

Membership of different subgroups formed by the YFC (names in alphabetical order)

Newsletter Column Dr Heyson Chan Dr Joan Fok Dr Joyce Lam Dr Robert Loung Dr Henry Wong **Medical Education Conference** Dr Kenny Kwan Dr SM Mak

25th Anniversary Congress Dr Ralph Cheung Dr Joseph Chung Dr Julian Fong Dr Tom Ho Dr Emily Lai Dr Robert Loung Dr Vivian Ng Dr Henry Wong **Medical Indemnity**

Dr Loretta Chan Dr Joyce Lam Dr Emily Lai Dr Vivian Ng Dr Henry Wong

Sharing from Dr Robert Loung, YFC member from the Hong Kong College of Paediatricians

All Council members of the Hong Kong College of Paediatricians understand clearly that our young fellows are pillars of our College as well as their respective departments; they are the future leaders of our College and also the front-line paediatricians particularly at night. With the tremendous support from our College President Professor YL Lau and the College Council, the Young Fellows Subcommittee (YFS) was established via an open, "one fellow one vote" online election in 2015 with the notion "To engage as much young fellows as possible". To ensure the transparency of the election and the representativeness of our Young Fellows Subcommittee, the election regulations, nomination and election procedures and the online election model are all drafted by our young fellows; any young fellows who have obtained their fellowship within the last 10 years are eligible for nomination, no prior experience in College required; and, most importantly, each young fellow has one vote to elect their own representative in YFS.

Paediatrics is a highly demanding profession: a lot of the associate consultants and resident specialists stay overnight in the hospital for better care of our children when, at the same time, they themselves are young moms or husbands that are dearly missed by their families in those evenings. But this wouldn't stop them. Over the last few years, our YFS has assisted in all major College events; from academic events like the 13th Congress of the Asian Society for Paediatric Research and our College annual scientific meetings to promotion events like the Hong Kong Academy of Medicine Open Day. We have also initiated the College forums about the diagnostic test and antiviral treatment for children with influenza infection in 2016 that produced important position statement on the topic and better inform our society about the latest professional knowledge in Paediatrics. Our second batch of Paediatrics YFS has just been elected in 2017 and the members are actively involved in different College events. We believe that the established open and transparent nomination / election system is not only the fundamental step to engage young fellows but also one of the building blocks of our College that could help our young paediatricians to grow into leaders in the future. And we hope that this fair election system could produce the 10th, 20th and 30th batch of Young Fellows Subcommittee in all Colleges of the Hong Kong Academy of Medicine in the future!

Relations and Collaborations with China Counterparts

Meeting with National Health and Family Planning Commission (NHFPC) and Signing of Memorandum of Understanding (MOU) on Emergency Response Training, 1 November 2017

On 1 November 2017, President Prof CS Lau met with Vice Minister of the NHFPC Ms. Cui Li in Beijing to discuss the collaboration on specialist training and emergency preparedness and response training. Attending the meeting also included Director-Generals and representatives of Health Emergency Response Office, Department of Health Science, Technology and Education, and Office of Hong Kong, Macao & Taiwan Affairs of the NHFPC, as well as representatives of the Academy and HKJCDPRI. Prof Lau also signed a MOU with NHFPC on Emergency Response Training with Director-General of Office of Hong Kong, Macao & Taiwan Affairs Ms. Zhang Yang.



Visit from Zhejiang University, 6 December 2017



Led by Dean Prof Xu Zhengping, the delegation from the School of Public Health of Zhejiang University paid a visit to the Academy on 6 December 2017. Academy President, Immediate Past President and Chairman of China Affairs Committee, and Officer as well as President of the Hong Kong College of Family Physicians and Vice President of the Hong Kong College of Community Medicine received the delegation. Prof Li Lu, Director General of the Education, Science and Technology Department of the Liaison Office of the Central People's Government in the HKSAR, also attended the meeting. They had discussions on the development of specialist training and public health in the two regions. The delegation also visited the HKJCILCM and was impressed by the facilities of the Centre.



CMDA 4th General Congress, 8-9 January 2018

Immediate Past President and Chairman of China Affairs Committee Dr Donald Li and Honorary Treasurer Dr YF Chow attended the 4th General Congress of Chinese Medical Doctor Association (CMDA) held in Beijing on 8-9 January. They also joined a discussion forum and exchanged views with the President and newly elected Council members of CMDA.

1st Guangdong-Hong Kong-Macao Greater Bay Area Hygiene and Health Cooperation Conference, 9 January

President Prof CS Lau attended the 1st Guangdong-Hong Kong-Macao Greater Bay Area Hygiene and Health Cooperation Conference held in Huizhou, Guangdong on 9 January 2018, and he was appointed as the Expert Adviser. Besides, a MOU on Shenzhen-Hong Kong collaboration on specialist training was signed among the Health and Family Planning Commission of Shenzhen Municipality, the Academy, HKU Li Ka Shing Faculty of Medicine and HKU-Shenzhen Hospital during the event.



The 2018 Annual Scientific Meeting of CMA and the 2nd Pak-China Medical Congress & Belt and Road Forum of Medical Associations, 26-27 January 2018

President Prof CS Lau and Honorary Treasurer Dr YF Chow attended the event organised by the Chinese Medical Association (CMA) on 26-27 January 2018. At the Belt and Road Forum, Prof Lau delivered a presentation on medical education and Dr Chow shared the disaster management experience of the Hong Kong Jockey Club Disaster Preparedness and Response Institute. They also had a special meeting with the CMA representatives to exchange views.



Events attended by President and Officers

Conferment Ceremonies of the Academy Colleges



The Hong Kong College of Anaesthesiologists - 31st Congregation, 19 November 2017



Fellowship Conferment Ceremony of the Hong Kong College of Community Medicine, 16 September 2017



The College of Dental Surgeons of Hong Kong - Fellowship / Membership Conferment Ceremony, 26 November 2017



Conferment Ceremony of the Hong Kong College of Emergency Medicine, 20 October 2017



30th Fellowship Conferment Ceremony of the Hong Kong College of Family Physicians, 10 December 2017





26th Admission of New Members and New Fellows Ceremony of the Hong Kong College of Paediatricians, 2 December 2017

The Hong Kong College of Pathologists - Fellowship / Membership Conferment Ceremony, 25 November 2017



Fellowship Conferment Ceremony of the College of Ophthalmologists of Hong Kong, 17 December 2017



The Royal College of Surgeons of Edinburgh / The Hong Kong College of Otorhinolaryngologists - Joint Conferment Ceremony, 11 November 2017



The Royal College of Radiologists and Hong Kong College of Radiologists - 17th Joint Ceremonies for Admission of New Fellows, 18 November 2017



The Royal College of Surgeons of Edinburgh and The College of Surgeons of Hong Kong Conjoint Diploma Conferment Ceremony and Annual Dinner, 23 September 2017



Anniversary Conference 2017 of the Hong Kong College of Family Physicians, 2 September 2017



Annual Scientific Meeting of the Federation of Medical Societies of Hong Kong, 10 September 2017



68th Anniversary Dinner of the Hong Kong Doctors National Affairs Alumni Association, 30 September 2017



Hong Kong International Sports Medicine Symposium, 30 September 2017



International Association of Medical Regulatory Authorities (IAMRA) Symposium on Continued Competency, 5 October 2017



13th Asian Society for Paediatric Research (ASPR) Congress, 6 October 2017



Inaugural Asia-Pacific Strabismus and Paediatric Ophthalmology Society (APSPOS) Congress, 11 October 2017



International Medical Education Leaders Forum (IMELF), 18 October 2017



Scientific Symposium on Emergency Medicine (SSEM), 20 October 2017



Hong Kong Disaster Medicine Association (HKDMA) Symposium, 21 October 2017



Brain and Heart Attack Summit, 21 October 2017



Civil Aid Service (CAS) 65th Anniversary Officers Mess Dinner, 25 October 2017



"Freedom on Oxygen" Patient Event, 29 October 2017



Health Exhibition, Medical Society of the Hong Kong University Students' Union (HKUSU), 29 October 2017



21st Annual General Meeting of the Institute of Cardiovascular Science Meeting (ICSM), 11 November 2017



"Share the Joy of a Wish 2017", 28 November 2017



Annual Dinner of the Federation of Medical Societies of Hong Kong, 31 December 2017



Inauguration Ceremony of Medsomnium - Medical Society of the Student Union of The Chinese University of Hong Kong (CUSU), 25 January 2018

Social Events of the Academy

Council Dinner, 19 October 2017

The Academy Council hosted a dinner with guests of the MCHK and the Dental Council of Hong Kong (DCHK). The Council dinner provided a good networking opportunity for Council members to strengthen the relationship with counterparts in the medical profession. Chairmen of the MCHK and DCHK shared their views on some controversial topics, such as preliminary investigation of medical inquiry and also the news that the Faculty of Dentistry is ranked as the best dental school in the world.

Council Dinner, 16 November 2017

The Academy Council hosted a dinner with distinguished young Fellows selected by their respective Colleges. A total of 26 young Fellows were recognised for their outstanding achievement in their professional career, examinations or active involvement in the businesses of either the Academy or Colleges. The Academy's Honorary Fellow, Prof Rosie Young, shared a few words of wisdom, and enlightened the importance of continuing medical education and continuous professional development and cultivating future leaders. President Prof CS Lau introduced the Academy's newly established Young Fellows Chapter, comprising 15 young Fellows from all the Academy Colleges. Vice-President (General Affairs) Dr CC Lau reiterated the wish to engage young Fellows and hear their different views on various matters. The evening turned out to be very enjoyable.





Hong Kong Academy of Medicine and Medical Alumni Golf Tournament 2017, 1 November 2017

The Academy and Medical Alumni Golf Tournament 2017 was completed successfully and smoothly at the Hong Kong Golf Club (Fanling) on 1 November 2017. All 94 golfers had great fun and had a good game in beautiful weather.

Congratulations to Dr Dennis Mak for winning the President's Cup of the Academy.

The Academy also wishes to thank members of the Organising Committee for their time and effort and MEDA Pharmaceutical Hong Kong Limited for its generous support.



	Champion	Champion (Lady)	1 st Runner Up	2 nd Runner Up	
President's Cup of the Academy					Dr Eddie Yeung (Surgeon)
Medical Alumni Cup of The Chinese University of Hong Kong	Dr Godwin Leung (Physician)		Dr Julian Chan (Orthopaedic Surgeon)	Dr Angus Chan (Surgeon)	
Medical Alumni & 130 th Anniversary Cup of The University of Hong Kong	Dr Thomas Yue (Surgeon)		Dr Gordon Ma (Surgeon)	Dr Brian Chan (Orthopaedic Surgeon)	
Best Gross	Dr Kelvin Inge				
Bogey Prize	Dr Barbara Lam				

Membership Services

Enjoy a new Yum Cha experience at the Academy



YUM CHA at the Academy Are you looking for a distinctive dim sum place for gatherings with family and friends?

The Academy serves the Chinese delicacy once a month on selected Sundays from 12:00 noon.

Scheduled dates in 2018

15 April, 13 May, 17 June, 15 July, 12 August, 23 September, 7 October, 9 December

We offer ample parking space free of charge.

Online reservation is available now! Please visit https://www.hkamonline.hk/yumcha to book a table. For enquiries, please call 2871 8832.

Come to enjoy drinks and premium snack items at the Academy Lounge

The Academy Lounge is a nicely decorated place with cosy atmosphere ideal for social occasions. The Lounge offers a menu of gourmet appetizers and drink specials, as well as BBQ menus.



BBQ Buffet at Fellow's Garden

Enjoy outdoor dining experience and sumptuous BBQ food at the Academy Fellows' Garden! Our chefs will grill hearty meats and seafood skewers at our BBQ counter. The indoor buffet stations will feature a tasty assortment of starters and main courses. A wide selection of luscious desserts will be prepared to complete the feast.

Exclusive Dining Privileges at L'hotel Island South

Present your valid Academy Fellowship card to enjoy 18% off semi-buffet lunch, buffet / a la carte dinner and holiday brunch. The offers are valid until 31 December 2018.



Academy souvenirs are available for purchase. For details, please visit the Academy's website.





New College Council Members

The following Academy Colleges have held annual general meetings and have submitted new Council lists to the newsletter Editorial Board. Congratulations to all new College Office Bearers and Council members. (For lists of other College Councils, please refer to the Colleges section on the Academy website.)





President Vice President Chief Censor Honorary Secretary Honorary Treasurer **Council Members**

Dr Thomas HF Tsang Dr Mandy MY Ho Dr William SW Ho Dr Jackie CK Leung Dr Yat-hung Tam Prof H Fung Dr Libby HY Lee Dr Sin-ping Mak Dr Sammy PS Ng Dr Yuen-kong Wan Prof Samuel YS Wong



The College of Dental Surgeons of Hong Kong

President Vice-President (Education & Examinations) Vice-President (General Affairs & CPD) Honorary Secretary Honorary Treasurer Censor-in-Chief Council Members

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Dr Yiu-kai Wong

Dr Katherine CM Leung Dr Shiu-yin Cho Dr Kam-yuen Ho Dr Daniel TS Fang Dr Fu-tak Ho Dr Wai-mei Ho Dr Chun-kei Lee Prof Wai-keung Leung Dr Julianna CH Liew Dr John YK Ling Dr Raymond YL Mak Dr Ricky WK Wong



Hong Kong College of Emergency

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The Hong Kong College of Otorhinolaryngologists

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The Hong Kong College of Pathologists

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The Hong Kong College of Psychiatrists

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Ex-officio Chief Editor of the College Journal

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Deadline for Summer 2018 issue

The deadline for contributions for the Summer 2018 issue of academy*focus* is 1 May 2018. Please send any submissions by e-mail <hkam@ hkam.org.hk> or by fax to 2505 5577. All submissions are subject to editorial review and approval. Information supplied, whether or not included in the newsletter, may be posted on the Academy website.

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