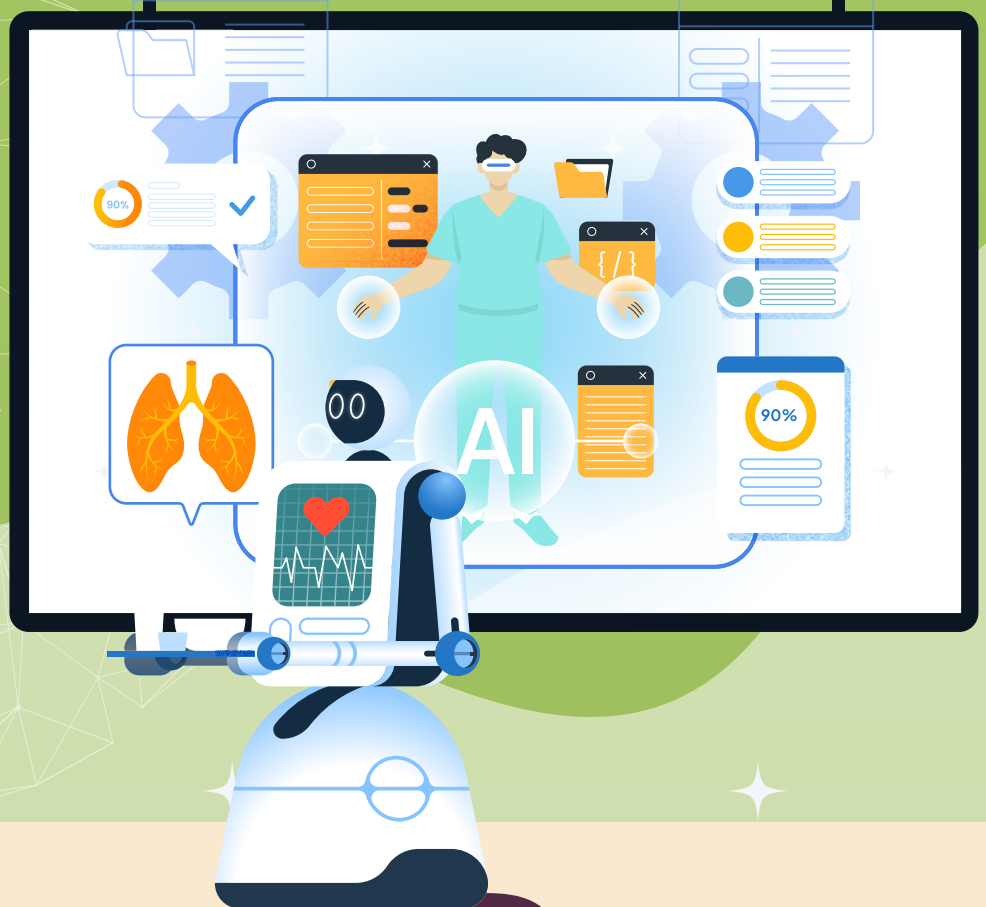


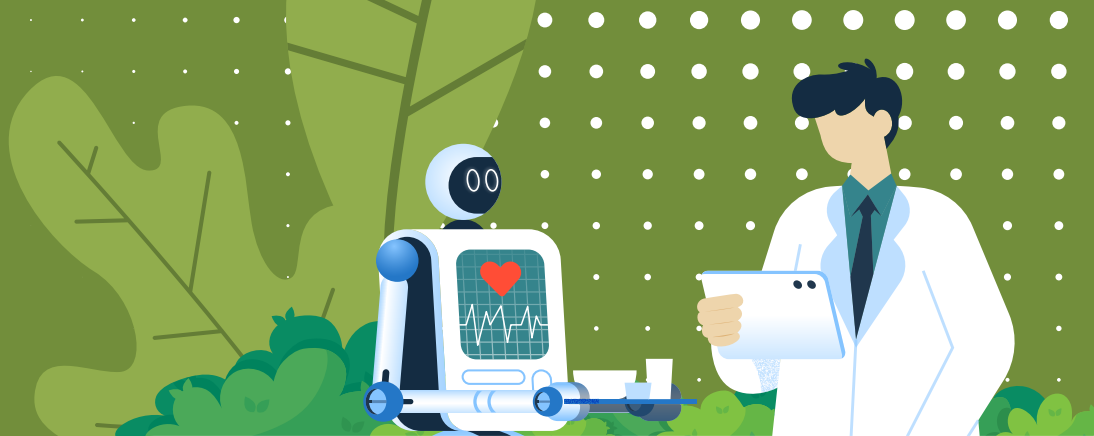


# ACADEMY

## *FOCUS*

JULY 2025





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## Submissions

In future issues, **academyfocus** may feature work submitted by Fellows, for example, conference or seminar reports, book reviews, or photographs. If you would like to share your work in **academyfocus**, please contact the Editorial Board at [focus@hkam.org.hk](mailto:focus@hkam.org.hk).

All submissions are subject to editorial review and approval. Information supplied, whether or not included in **academyfocus**, may be posted on the Academy website.

## Deadline

The deadline for contributions for the October 2025 issue of **academyfocus** is 1 September 2025. Please send any submissions by e-mail to [focus@hkam.org.hk](mailto:focus@hkam.org.hk).

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# WELCOME MESSAGE

**PROF. PHILIP KAM-TAO LI**  
**PRESIDENT, HONG KONG ACADEMY OF MEDICINE**



*Dear Fellows and colleagues,*

Over the past few months, I have had the opportunity to engage with key external stakeholders through several notable activities. These included welcoming the Shanghai Municipal Health Commission during their visit to the Academy, delivering plenary lectures at the Hospital Authority Convention, and representing the Academy at the Royal Australasian College of Surgeons (RACS) Annual Scientific Congress. Looking ahead, the Academy is co-organising the celebration of 中國醫師節 in August with other local medical institutions, while the anniversary of the founding of the People's Republic of China will be commemorated in September.

Registration is now open for the Medical Education Conference (MEC) 2025, which will take place on 27 September. Organised by the Academy and supported by leading institutions, MEC 2025 will explore the theme "Technologies in Medical Education: AI and Beyond". The conference will feature renowned speakers and four expert-led sessions covering AI and language models, simulation and human-technology interaction, as well as digital innovations. It offers a valuable platform for advancing medical education and fostering cross-border collaboration among healthcare professionals.

A fruitful first meeting of the Task Force on Organ Donation was held on 12 May. The meeting included a review of global and local organ donation trends, an introduction to the Task Force's composition, and a discussion of proposed initiatives and work plans. To take the work forward, several task groups were formed to design frameworks for integrating organ

donation into specialist training curricula; develop promotional strategies targeting the public through social media campaigns, community events, and school-based education; and draft a position statement on education and training in organ donation.

Congratulations to the new-term Council of the Young Fellows Chapter, commencing in July. I am confident they will continue to uphold and strengthen the Chapter's meaningful work. In parallel, the Academy has consistently focused on Fellows' well-being. On 27 June, the Task Force on Well-being hosted a workshop featuring Dr. Carrie Horwitch, an expert from the United States known for advocating the healing power of laughter to enhance physical and mental health.

A revision of the *Best Practice Guidelines for Expert Witnesses* by the Academy's Professional and Ethics Committee is currently underway and is expected to be released in the second half of the year. The updated guidelines aim to reflect the latest developments and feedback in the field, offering clearer and up-to-date guidance for medical professionals serving as expert witnesses in disciplinary and legal proceedings.

The *Hong Kong Medical Journal* has maintained its solid performance with a journal impact factor of 2.6 in 2024, remaining in Quartile 1 of the Journal Citation Report's Medicine, General and Internal category. I sincerely thank our editors, reviewers, and authors for their dedication, and our readers for their continued support.

If you have any comments or suggestions, or if you would like to contribute to the **academyfocus**, please contact the Editorial Board at [focus@hkam.org.hk](mailto:focus@hkam.org.hk).



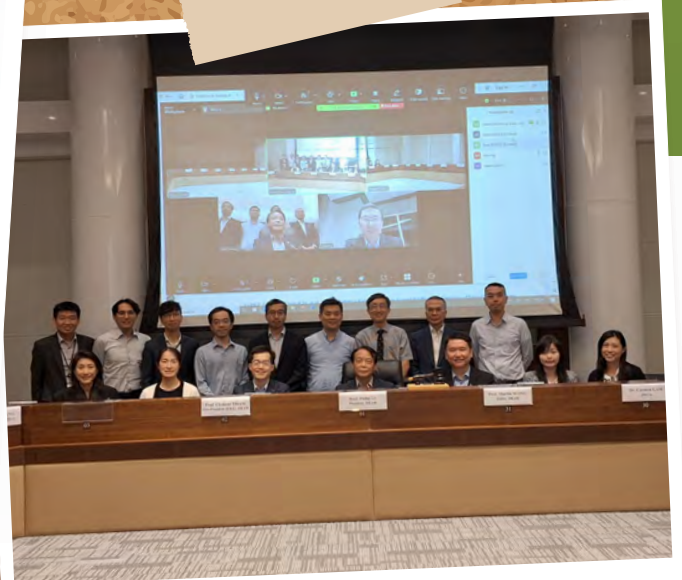
Meeting Prof. Kerin Fielding  
at the RACS Congress



A pleasant encounter with fellow professionals  
at the Hospital Authority Convention



Shanghai Municipal Health Commission's  
visit to the Academy



A constructive first meeting of the  
Task Force on Organ Donation



# FEATURE ARTICLE: EMPOWERING THE NEXT GENERATION OF MEDICAL LEADERS: REFLECTIONS ON THE YOUNG FELLOWS CHAPTER JOURNEY



**DR. ERIC HUI-LUN LAU**  
Chair, Young Fellows Chapter  
Governing Council (2024-2025)

As I look back on my term as Chairman of the Young Fellows Chapter (YFC) of the Hong Kong Academy of Medicine (HKAM), I am filled with pride and gratitude. The past year has been a remarkable journey of growth, connection, and collaboration. The YFC was established with a clear mission: to amplify the voices of young specialists in Hong Kong's medical community and to create platforms for engagement, learning, and leadership development. In 2024-2025, we made significant strides in achieving that mission.

## A Truly Representative Chapter

This year, we were proud to have 29 dedicated Young Fellows from 15 different Colleges. This diverse representation allowed us to address concerns and share insights across a wide spectrum of specialties. It also ensured that the initiatives we launched were inclusive, relevant, and impactful.

## Supporting Academy Events

Our Young Fellows played an active role in supporting key HKAM events throughout the year. From academic conferences to simulation training, YFC members contributed their time, expertise, and enthusiasm. These experiences not only provided professional exposure but also strengthened the bonds between the YFC and the broader Academy community.

## Professional Development and Contributions to Society and Country

Sports and Exercise Symposium, Hong Kong-Shenzhen-Shanghai Young Specialist Doctors exchange delegation visits to Shanghai, and Medial-Legal Symposium on Social Media and Medical Promotion were among the highlight events organised by our Chapter over the past year. These events not only benefited medical professionals across all 15 Colleges, but also addressed topics closely related to our society, our practices, and our patients.



## Gathering, Growing, and Giving Back

Beyond formal events, we placed strong emphasis on sharing and personal development. Our Young Fellow Gatherings provided platforms for members to share experiences, exchange ideas, and support one another through the challenges of early specialist careers. These gatherings, both formal and informal, became a cornerstone of our Chapter's identity.



## A Heartfelt Thank You

Serving as Chairman has been one of the most rewarding experiences of my career. I am deeply grateful for the guidance of the HKAM Council, the support of my fellow YFC Council members and the HKAM Secretariat, and, most importantly, for every Young Fellow who contributed their energy and ideas to make this year a success.

As I pass the torch to the next leadership team, I am confident that the YFC will continue to flourish. We have built a strong foundation rooted in collaboration, inclusivity, and excellence. I look forward to seeing how future Young Fellows will carry this momentum forward with passion and purpose.





# JOCKEY CLUB INSTITUTE FOR MEDICAL EDUCATION AND DEVELOPMENT

## Clinical Negligence Update Webinar: Key Insights and Implications for Hong Kong Healthcare Professionals

The Hong Kong Academy of Medicine hosted a webinar on 29 May 2025, titled "Clinical Negligence Update—An Update in UK Case Law and Expert Evidence." The event was jointly organised by the Task Force on Laws for Healthcare Practitioners under the Academy's Professionalism and Ethics Committee and the Academy's Jockey Club Institute for Medical Education and Development (JCIMED), with support from Kennedys.

The keynote speaker was Mr. Christopher Malla, Head of the Healthcare Division and Partner at Kennedys. Dr. James Chiu, Convenor of the Task Force, opened the event, while Professor Gilberto Leung, Immediate Past President, moderated the session.

Mr. Malla's presentation covered key areas in clinical negligence, including the legal landscape on informed consent following *Montgomery v Lanarkshire Health Board* [2015], the impact of artificial intelligence on healthcare delivery, and recent court decisions involving medical expert witnesses. He also discussed a Supreme Court judgement on liability for psychiatric injury and new patient safety initiatives in England, such as Martha's Rule for urgent patient reviews.

A lively Q&A session followed, with attendees engaging the speakers. The panel included Mr. Malla, Ms. Christine Tsang, Ms. Sandy Cho, both Partners at Kennedys, and Dr. James Chiu, offering diverse perspectives on the complex issues discussed.

While the webinar focused on UK case law, the insights shared are relevant to healthcare practitioners in Hong Kong. Understanding international legal trends in clinical negligence is crucial for upholding patient care standards and professional ethics. The event emphasised the importance of clear communication with patients, staying informed about technological advancements, and understanding the legal implications of medical decision making.

This webinar exemplifies the Academy's commitment to ongoing professional development. By bringing international expertise to local healthcare professionals, such events enhance the quality of healthcare delivery and patient safety in Hong Kong. The webinar video is now available on the [Learning Management System \(LMS\)](#) for review.



## Navigating the Digital Landscape: Insights from the Medico-Legal Symposium on Social Media and Medical Promotion

On 7 June 2025, the Lim Por Yen Lecture Theatre at the Hong Kong Academy of Medicine Jockey Club Building hosted a symposium featuring insightful discussions and expert opinions. The event focused on the legal and ethical aspects of medical advertising and the use of social media, targeting medical practitioners and dentists. It provided a platform to explore the challenges and opportunities of navigating the digital landscape responsibly. The symposium was a joint initiative by the Academy's Young Fellows Chapter and the Jockey Club Institute for Medical Education and Development (JCIMED).

The day began with a warm welcome from Dr. Wing-cheong Leung, Honorary Secretary of the Academy, setting an engaging tone for the symposium. Professor Hung Chi Tim, JP, from The Jockey Club School of Public Health and Primary Care at The Chinese University of Hong Kong, opened with a session titled "Social Media for Medical Practitioners: Do We Know Our Boundaries?" His presentation highlighted the importance of understanding the limits and responsibilities when engaging with social media as healthcare professionals.

Following this, Ms. Chantel Pang, Of Counsel from the Healthcare Team at Kennedys, delivered a talk titled "Friend or Foe: Practice Promotion and Use of Social Media in Healthcare." She offered practical insights into how healthcare professionals can leverage social media for practice promotion while maintaining ethical standards.

The event also featured a lively panel discussion, during which participants engaged with the speakers, posing thoughtful questions and sharing experiences. The interactive session fostered meaningful dialogue and deeper exploration of the topics.

The symposium concluded with closing remarks that encapsulated the key takeaways, reinforcing the importance of continuous education and awareness in the digital age. Attendees left with a renewed understanding of how to uphold professional integrity while promoting their services effectively. The symposium videos have been uploaded to the [Learning Management System \(LMS\)](#) for review.





# YOUNG FELLOWS CHAPTER



**DR. ADRIAN CHI-HENG FUNG**  
CHAIR, YOUNG FELLOWS CHAPTER  
(2025-2026)

## YOUNG FELLOWS CHAPTER HANDOVER MEETING

The 9<sup>th</sup> term (2025-2026) of the Young Fellows Chapter (YFC) officially commenced on 1 July 2025. To facilitate a smooth transition, a handover meeting was held on 19 June 2025, providing a platform for communication and discussion among incoming members. This year, the YFC comprises 29 members representing 15 Academy Colleges. The meeting was also attended by the Academy President and several Council members, who shared their visions and participated in discussions with the YFC members. The incoming members are all very enthusiastic and eager to contribute actively to the Academy's activities.



## YOUNG FELLOWS CHAPTER GOVERNING COUNCIL (2025-2026)

- |   |  |  |
|---|--|--|
| <p>● <b>Chair</b><br/>Dr. Adrian CH Fung<br/>The College of Surgeons of Hong Kong</p> <p>● <b>Vice-chair</b><br/>Dr. Phoebe PY Lam<br/>The College of Dental Surgeons of Hong Kong</p> <p>● <b>Honorary Secretary</b><br/>Dr. Jason YY Li<br/>The College of Surgeons of Hong Kong</p> <p>● <b>Honorary Treasurer</b><br/>Dr. Kaye WS Wong<br/>The College of Dental Surgeons of Hong Kong</p> <p>● <b>IT Officers</b><br/>Dr. Ada WT Tse<br/>The Hong Kong College of Obstetricians and Gynaecologists<br/>Dr. Marvin MT Chung<br/>The Hong Kong College of Orthopaedic Surgeons</p> | <p>● <b>Members</b><br/>Dr. Emmanuel HL Cheung<br/>Dr. Janice HT Leung<br/>The Hong Kong College of Anaesthesiologists</p> <p>Dr. Jianchao Quan<br/>Dr. Jess WL Yim<br/>Hong Kong College of Community Medicine</p> <p>Dr. Hinson HS Li<br/>Dr. Ying Cheung<br/>Hong Kong College of Emergency Medicine</p> <p>Dr. Cheryl YC Chan<br/>Dr. Aldo CL Wong<br/>The Hong Kong College of Family Physicians</p> <p>Dr. Karen Ng<br/>The Hong Kong College of Obstetricians and Gynaecologists</p> <p>Dr. Sunny CL Au<br/>Dr. Simon KH Szeto<br/>The College of Ophthalmologists of Hong Kong</p> | <p>Dr. Tze-wang Chan<br/>The Hong Kong College of Orthopaedic Surgeons</p> <p>Dr. Courtney OY Chan<br/>Dr. Wilson WS Ng<br/>The Hong Kong College of Otorhinolaryngologists</p> <p>Dr. Francis LY Chan<br/>Dr. Enoch CT So<br/>Hong Kong College of Paediatricians</p> <p>Dr. Crystal K Lam<br/>Dr. Johann Lok<br/>The Hong Kong College of Pathologists</p> <p>Dr. Annabel KT Choy<br/>Dr. Jacky CL Ho<br/>Hong Kong College of Physicians</p> <p>Dr. Adelina SH Tsoi<br/>The Hong Kong College of Psychiatrists</p> <p>Dr. Boris CK Chow<br/>Dr. Carol WK Ng<br/>Hong Kong College of Radiologists</p> |
|---|--|--|



# FELLOWS' WELL-BEING



## OUR COMMITMENT TO WELL-BEING ADVOCACY

The Academy is taking a leading role in the medical and dental professions, and the promulgated **Well-being Charter** is committed to cultivating and promoting the well-being of Academy Fellows and specialist trainees of Academy Colleges. We pledge to acknowledge the importance of well-being, take action, and advocate policy changes for the improvement of our Fellows' and trainees' wellness. To achieve this, the Academy has set up a Task Force on Well-being, chaired by the Academy's Honorary Secretary, to devise plans and initiatives. Click [here](#) to find out more.

## WHAT'S NEW

The Task Force on Well-being conducted a workshop titled "Using Laughter to Improve Well-Being" on 27 June. The workshop was organised as a "Happy Hour" event at the Academy, held from 6 pm to 8 pm, to encourage participants to mingle and interact in a friendly and cosy setting. It highlighted how laughter—more than just a sound or facial expression—can be a powerful tool for enhancing physical and mental health, featuring expert insights from Dr. Carrie Horwitch and hands-on laughter exercises. Dr. Horwitch recommended a **10-minute video by Dr Madan Kataria**, founder of Laughter Yoga, where he explains the science and practice behind using laughter as a therapeutic approach.



## AWARENESS: SELF-ASSESSMENT TOOL

Take **Copenhagen Burnout Inventory questionnaire** to know more about the levels of burnout.

## ASK FOR HELP: PEER SUPPORT SCHEME

Over 40 volunteers are available to offer support through informal communication, to bring positive energy and aspirations to peers in need regardless of their specialty. Check out the list of Peer Supporters on the **designated webpage**, and approach the Peer Supporter(s) of your choice through our email referral system which is programmed to protect your privacy. All the conversations will be kept strictly confidential.

Interested in being a Peer Supporter? **Register** now and click [here](#) for details about the scope and nature of peer support.

# NEW COLLEGE COUNCIL MEMBERS

The following Academy College has held an annual general meeting and submitted a new Council list to the newsletter Editorial Board. Congratulations to all new College Office Bearers and Council members. For lists of other College Councils, please refer to the Colleges section on the Academy website.



## The College of Ophthalmologists of Hong Kong

<b>President:</b>	Dr. Hon-wah Yung
<b>Vice President (Professional Affairs):</b>	Prof. Carmen Kar-mun Chan
<b>Vice President (General Affairs):</b>	Dr. Thomas Yee-hang Chiu
<b>Honorary Secretary:</b>	Dr. Nafees Begum Baig
<b>Honorary Treasurer:</b>	Dr. Jane Chun-chun Chan
<b>Council Members:</b>	Dr. Alvin Ka-hong Au Dr. Noel Ching-yan Chan Dr. Kelvin Kam-lung Chong Dr. Connie Hong-yee Lai Dr. Frank Hiu-ping Lai Dr. Joy Wing-yun See Leung Prof. Jason Cheuk-sing Yam Dr. Emily Fung-yee Yeung



# ACADEMY SOUVENIR ORDER

## Academy Souvenirs

Order our souvenirs while stock lasts

### Straight Umbrella

**NEW**

AS-12



### Paper Art Frame

AS-02



### Car Badge

AS-01



### Pin

AS-03



### USB Pen

AS-15



### Cufflinks

AS-04



### Ties and Bow Ties

AS-06



**NEW**

AS-13



AS-07



### Scarves

AS-08



AS-09



AS-10



### Scarves

**NEW**

AS-14



### Letter Opener and Key Chain

AS-05



### Polo Shirt

AS-11



Enquiries: [hkam@hkam.org.hk](mailto:hkam@hkam.org.hk)