

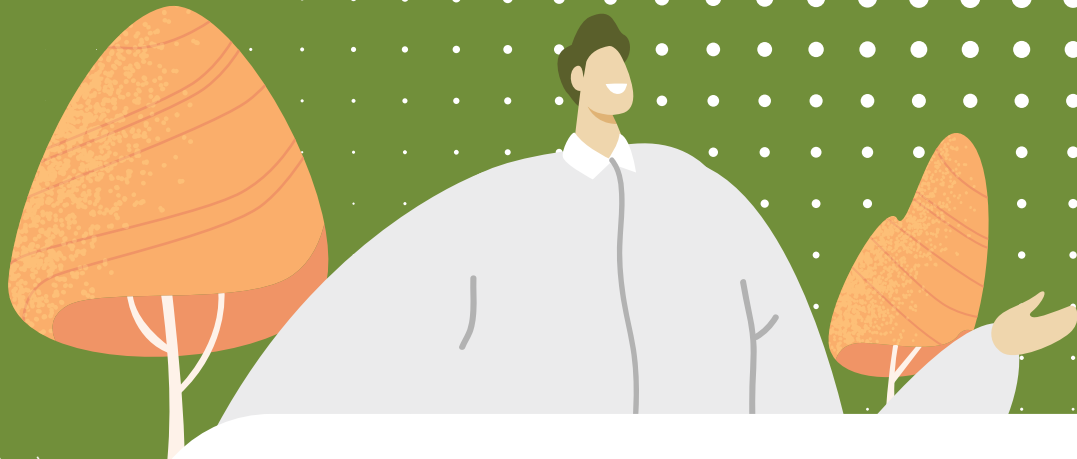


ACADEMY

FOCUS

JULY 2022





ACADEMYFOCUS

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Submissions

In future issues, **academyfocus** may feature work submitted by Fellows, for example, conference or seminar reports, book reviews, or photographs. If you would like to share your work in **academyfocus**, please contact the Editorial Board at focus@hkam.org.hk.

All submissions are subject to editorial review and approval. Information supplied, whether or not included in **academyfocus**, may be posted on the Academy website.

Deadline

The deadline for contributions for the October 2022 issue of **academyfocus** is 1 September 2022. Please send any submissions by e-mail to focus@hkam.org.hk.

academyfocus is published quarterly by the Hong Kong Academy of Medicine Press.

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WELCOME MESSAGE



PROF. **GILBERTO KA-KIT LEUNG**
PRESIDENT, HONG KONG ACADEMY OF MEDICINE

Dear Fellows and colleagues,

As we head into summer, despite uncertainty regarding the COVID-19 situation, the Academy will continue to discharge its various duties. The Academy's Professionalism and Ethics Committee has recently published [Best Practice Guidelines on Disclosure, Apology and Alternative Dispute Resolution](#); has formed a Task Force on Artificial Intelligence, which hosted a webinar on 16 July 2022; and is preparing an online course for Fellows to better prepare them to become an expert witness. Our online education platform 'eHKAM' is also in the final stages of development and is due to be launched in the coming months.

Following publication of the Academy's [Guidelines on Credentialling for Endovascular Neurointerventional Procedures](#) in January 2022, 80 applications for exemption from the initial credentialling process were received and vetted. Of them, [59 applicants](#) were endorsed by the Council (54 applicants under Category I for the overall endovascular neurointerventional procedures and 5 applicants under Category II for acute ischaemic stroke only). Applications are now open for Initial Credentialling for Endovascular Neurointerventional Procedures. Please refer to our website, and my recent [Editorial](#) in the Hong Kong Medical Journal, for more details.

Adopting gender diversity at the leadership level of businesses and organisations is increasingly considered essential for growth and sustainability in

Hong Kong as well as worldwide. In line with this, the Academy has introduced a gender diversity policy at the Council level, in order to promote gender diversity. A wide range of aspects is considered where applicable in steering membership composition towards greater inclusivity, including but not limited to gender, age, cultural and educational background, ethnicity, professional experience, skills, knowledge and length of service. When implementing the gender diversity policy, entities and committees within the Academy and Colleges should strive for a membership composition of balanced skills and experience with a mix of gender where possible, aiming to engage a wide range of insights and experiences that can help the Academy effectively discharge its statutory functions and responsibilities, support good decision-making, and facilitate succession planning and development of its Council. The full Gender Diversity Policy is available on the [Academy website](#).

Lastly, in this issue of **academyfocus**, Vice-President (Education and Examinations) Prof. Paul Bo-san Lai introduces the Academy's Education Office, which is being developed through restructuring and incorporation of current teams, as well as introducing some new functions. The move is accompanied by a recent appointment of an Educationist, who will oversee improvement of the Academy's existing training and examinations, as well as development of new courses in medical education for our future trainers.

If you have any comments or suggestions, or if you would like to contribute to the **academyfocus**, please contact the Editorial Board at focus@hkam.org.hk.



FEATURE ARTICLE: DEVELOPMENT OF AN EDUCATION OFFICE UNDER THE ACADEMY



PROF. PAUL BO-SAN LAI
VICE-PRESIDENT (EDUCATION
AND EXAMINATIONS), HONG
KONG ACADEMY OF MEDICINE

FORMATION AND FUNCTIONS OF THE EDUCATION OFFICE

The Academy has been discharging its statutory functions in the provision of postgraduate medical and dental education and training in different ways together with its specialty Colleges. Trainer education, curriculum development, training programmes, assessment, and credentialling are changing with the times and new pedagogies are needed to cater for such training needs.

The standard of medical and dental practitioners is of paramount interest to the public. To help give assurance to the public, and to maintain and enhance the standards of specialists practising in Hong Kong as a whole, the Academy must strengthen the prevailing training and assessment systems of different specialties. This is particularly important in light of the earlier passage of the amendment bill of Medical Registration Ordinance, with the introduction of the new pathway to attract non-locally trained doctors to work in Hong Kong.

An Education Office is thus being set up under the Education Committee of the Academy. The new office will affect through our existing dedicated multidisciplinary team of colleagues from the Academy's

Secretariat and the Hong Kong Jockey Club Innovative Learning Centre for Medicine. By working closely with all the Colleges, the Education Office aims to better coordinate relevant resources and provide dedicated support to the overall development of initiatives relating to postgraduate medical and dental education and training. The Education Office will collate the Academy's different related functions being discharged at present, including accreditation and provision of CME/CPD, vetting of Fellowship nominations, certification for specialist qualifications of different levels, promulgation of good practices in medical professionalism and ethics, and development of credentialling guidelines. In addition, an Educationist will be engaged to help with review of training curricula, examinations, and assessment methods among the different specialties, as well as capacity building to our Fellows and trainees in provision of specialist training (i.e., becoming trainers themselves). Such capacity building initiatives and reviews are crucial in upkeeping and raising the quality of training and assuring the validity and reliability of assessments.

APPOINTMENT OF AN EDUCATIONIST

With full support from the Academy Council, Dr. Hing-yu So has been appointed as the Academy's Educationist on a part-time basis, with effect from 1 July 2022. He is currently the President of Hong Kong College of Anaesthesiologists and an ex officio member of the Academy Council. He has qualifications in medical education and extensive experience in the development and provision of postgraduate medical training. He was Honorary Director of the Academy's Hong Kong Jockey Club Innovative

Learning Centre for Medicine between 2019 and 2021. One of his first tasks as Educationist will be to help develop competency-based courses for Fellows and trainees of different specialties to learn or improve the skills needed to be trainers. He will also provide advice and recommendations for improving the existing training curricula or examination and assessment systems of different specialties; developing continuing medical education; and enhancing online education or introducing other innovative educational initiatives.



FEATURE ARTICLE:

FELLOWS' WELL-BEING

PEER SUPPORT SCHEME

The Academy's Peer Support Scheme launched in March 2022. It is a voluntary programme for Academy Fellows and specialist trainees to offer or find support through informal communication that may be beneficial to mental well-being. Over 60 Fellows have registered as Peer Supporters, and 15 of them recently completed the dedicated training provided by the Hong Kong College of Psychiatrists. For further details, and the list of Peer Supporters, please check out the [Academy's webpage dedicated to well-being](#).

Academy Fellows are free to enrol as Peer Supporters. Peer Supporters are individuals who are keen to contribute to the well-being of peers in the profession, and to help foster a caring and supportive culture within the work environment. They are dedicated to showing support to peers of the same or different specialties through active listening and sharing experience in their spare time. The informal connection will not lead to any doctor-patient relationships and would not have any financial obligations. All conversations will be kept strictly confidential.

ENROL HERE

<https://online.hkam.org.hk/form/pss>

ENQUIRIES

pss@hkam.org.hk

DO YOU FEEL BURNT OUT?

Acknowledging one's own mental health problem is the first step in solving it. The Copenhagen Burnout Inventory is one of the self-awareness tools recommended to identify warning signs of burnout, which need prompt attention and action for relief. Take the [CBI questionnaire](#) now to know more about the levels of burnout.

Over the past year or so, the Academy has been promoting and advancing the well-being of Academy Fellows and specialist trainees of Academy Colleges. Starting with the promulgation of a [Well-being Charter](#), a dedicated [Well-being page](#) was also launched on the Academy website, which details the ASAP (Awareness, Self-care, Ask for help, Promotion of well-being) approach. Different activities are being co-ordinated for the improvement of wellness. Please see the Academy website and announcements for further details.

BETTER EQUIPPED, BETTER MENTAL HEALTH CARE: GETTING STARTED WITH MINDFULNESS

The Academy has been conducting a free mental health training programme, titled "Mindfulness Induction Group", to equip Fellows and specialist trainees with techniques of applying mindfulness in daily lives and workplaces to reduce stress and improve well-being.

The first session conducted in December 2021 was well received with positive feedback, and the second session scheduled for July 2022 was fully subscribed. Stay tuned for the announcement of upcoming sessions.

YOUNG FELLOWS CHAPTER



DR. JOHNNY KIN-SANG LAU
YOUNG FELLOWS CHAPTER

YOUNG FELLOWS CHAPTER HANDOVER MEETING

The 6th term (2022-2023) of the Young Fellows Chapter (YFC) officially started on 1 July 2022. On 17 June 2022, a handover meeting was arranged for new YFC members to communicate and discuss the roles of the YFC. This year, there are a

total of 26 YFC members from 15 Academy Colleges. The Academy Officers and several Council members also attended the meeting, shared some of their visions, and engaged in discussion with YFC members.



Academy Officers, Council members, and Young Fellows Chapter members at the handover meeting

YOUNG FELLOWS CHAPTER GOVERNING COUNCIL (2022-2023)

Chair

Dr. Johnny KS Lau
Hong Kong College of Radiologists

Vice-chair

Dr. HC Yip
College of Surgeons of Hong Kong

Honorary Secretary

Dr. Thomas MC Dao
Hong Kong College of Family Physicians

Honorary Treasurer

Dr. Ivy SY Cheng
Hong Kong College of Pathologists

IT Officer

Dr. Marcus YH Lo
Hong Kong College of Emergency Medicine

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Dr. Patrick CP Wong

Community Medicine

Dr. Eddie CP Yuen

Dental Surgeons

Dr. Amelia WT Cheung
Dr. Gary CH So

Emergency Medicine

Dr. Kaiser KY Chiu

Family Physicians

Dr. Sara SW Chan

Obstetricians and Gynaecologists

Dr. Jacqueline HS Lee
Dr. Isabella YM Wah

Ophthalmologists

Dr. Poemen PM Chan
Dr. Mary Ho

Orthopaedic Surgeons

Dr. Amy YL Cheung

Otorhinolaryngologists

Dr. Fergus KC Wong
Dr. Stephanie NS Wong

Paediatricians

Dr. Tammy WY Cheung
Dr. Calvin CK Chow

Pathologists

Dr. Joyce HY Kwong

Physicians

Dr. Kelvin LK Tsoi

Psychiatrists

Dr. Stanley SL Yip

Radiologists

Dr. Billy MH Lai

Surgeons

Dr. Samuel TW Lo

YOUNG FELLOWS CHAPTER FACEBOOK PAGE

To reach out to young Fellows and share the latest news from the YFC through social media, a Facebook page has been set up. Highlights of recent activities as well as video clips of past events can be found on the [YFC Facebook page](#).

CHICKEN SOUP FOR THE DOCTOR'S SOUL (心靈雞湯)

The 7th episode of "Chicken Soup for the Doctor's Soul" was launched in February 2022. The episode, titled "天使的禮物", is a touching story about a lady who got pregnant after several attempts, but whose baby unfortunately did not survive. The lady shares how the experience brought new meaning to her life, and why the deceased had meaning to her family as a gift from an angel.

Please tune in to the latest episode on the Academy website:

<https://www.hkam.org.hk/young-fellows-chapter-chicken-soup-doctors-soul#ep7>

Past episodes are also available on the [Academy website](#):



1st episode:
病人的禮物



Special edition:
打疫苗



2nd episode:
若有所思



3rd episode:
茁壯成長



4th episode:
最後的道別



5th episode:
燭光



6th episode:
生命之旅

YOUNG FELLOWS CHAPTER CME WEBINAR

The second cross-specialty webinar series on COVID-19, titled "Combatting COVID-19: What we need to know in 2022" was successfully hosted by the Young Fellows Chapter on 23 April 2022. Five local speakers were invited to share their expertise on the topic. More than 150 participants attended the webinar, and excellent feedback was received. Highlights of the webinar can be found on the [YFC Facebook page](#).

Call for Papers | Prize for Best Original Research by Young Fellows

ELIGIBILITY

- Young Fellow
- Principal investigator
- Research paper published no earlier than 1 January 2021



SUBMIT YOUR RESEARCH

Deadline: **26 August 2022**

<http://page.hkam.org.hk/boryf2022info>



HKJCDPRI

Advanced Certificate in Emergency and Disaster Management

In recent years, disasters have occurred frequently around the world, and climate change, new virus outbreaks, and wars have posed immense threats to people. The HKJCDPRI, in cooperation with the School of Professional Education and Executive Development (SPEED) of the Hong Kong Polytechnic University, launched the Advanced Certificate in Emergency and Disaster Management course to cultivate emergency and disaster response professionals for society.

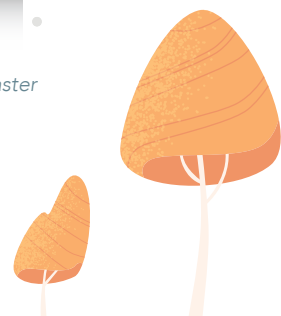
The HKJCDPRI conducted a training needs survey and research and found that there is a lack of emergency and disaster management courses in Hong Kong for relevant practitioners. The Advanced Certificate in Emergency

and Disaster Management course is unprecedented in terms of content and teachers, and it is also the first course to achieve the Qualifications Framework Level 4 accreditation. The 6-module course covers topics such as risk analysis and management, disaster recovery and business continuation, leadership, and communication. The course adopts a blended learning approach, with case studies, group assignments, and field trips, effectively integrating knowledge with practical skills.

The first cohort of 30 participants from 19 government, non-government, public, and private entities completed the course successfully. The second cohort started in April 2022.



Participants of the first cohort of the HKJCDPRI Advanced Certificate in Emergency and Disaster Management course visit the Hong Kong Observatory





Hong Kong Jockey Club
Innovative Learning Centre
for Medicine

HKJC ILCM



Learning OnLine Educator Course (LOL) 2.0

The pilot of the Hong Kong Jockey Club Innovative Learning Centre for Medicine (HKJC ILCM)'s Learning Online Educator (LOL) course was successfully held in December 2021. Since then, the faculty members, led by Course Director Dr Hing-yu So, have been redesigning the curriculum based on valuable feedback provided by the eHKAM Task Force members. First, the course has lengthened from 1 month to 3 months, to ensure sufficient time for material digestion, group project development, and reflection. Second, the course will utilise not only the latest implementation of the learning management system Canvas, but also multiple online educational tools, as well as introducing collaboration software Slack, to promote efficient and flexible communication. Finally, an introductory Zoom session will be delivered to new learners to orientate them before embarking on the e-learning journey. With these new adjustments, it is the sincere wish of the faculty members that this course will create an even deeper learning experience, empower learners to take full advantage of the online platforms, and accommodate a flexible learning curriculum in this modern era.

Owing to the overwhelming response to two LOL courses scheduled for July to October 2022 and September to December 2022, a third class is now in discussion.

New Infection Control Measures

Following in the footsteps of our faculty members who continually strive for improvements, the HKJC ILCM has implemented new infection control measures in compliance with the standards of the Academy and the Hospital Authority, in order to ensure a safe environment for instructors and learners. All personnel are required to take a rapid antigen test (RAT) on the day of the course and submit a RAT declaration form before arriving at the HKJC ILCM. In open areas such as the 2/F Canteen and 3/F Fellow's Lounge, dining arrangements can support a maximum of eight people per table. However, catering for HKJC ILCM courses in private rooms will follow the Hospital Authority's standard of supporting a maximum capacity of two diners per table. The latest guidelines and arrangements are routinely updated, and all participants and instructors will be informed prior to the course commencement date.



NEW COLLEGE COUNCIL MEMBERS

The following Academy College has held an annual general meeting and submitted a new Council list to the newsletter Editorial Board. Congratulations to all new College Office Bearers and Council members. For lists of other College Councils, please refer to the Colleges section on the Academy website.



The College of Ophthalmologists of Hong Kong

President:

Vice President (Professional Affairs):

Vice President (General Affairs):

Honorary Secretary:

Honorary Treasurer:

Editor:

Immediate Past President:

Council Members:

Prof. Clement Chee-yung Tham

Dr. Hon-wah Yung

Dr. Emily Fung-yee Yeung

Dr. Andy Chi-on Cheng

Prof. Hunter Kwok-lai Yuen

Dr. Alvin Kwan-ho Kwok

Dr. Nancy Shi-yin Yuen

Dr. Noel Ching-yan Chan

Dr. Carmen Kar-mun Chan

Dr. Ruby Hok-ying Ching

Dr. Thomas Yee-hang Chiu

Dr. Kelvin Kam-lung Chong

Dr. Connie Hong-yee Lai

Dr. Robert Fung Lam

Dr. Helena Pui-yee Sin

Dr. Jason Cheuk-sing Yam

Dr. Jane Chun-chun Yeung





HONG KONG ACADEMY OF MEDICINE
香港醫學專科學院

Tie and Scarf Design Competition

The Academy is now inviting submissions of unique designs that may best complement the professional image of our Fellows as specialists.

Submissions from Academy Fellows and specialist trainees are welcome.

The winning designs will be produced for distribution and / or selling as new corporate gifts in 2023 when the Academy celebrates its 30th anniversary.



Opens:

9:00am, 1 June 2022

Ends:

5:00pm, 30 November 2022

ENTRY PERIOD

Submit your design to us now

<http://page.hkam.org.hk/designcompetition2022>

What to submit

one (1) pattern design in jpg
(300 dpi) with applications
for both tie and scarf



Enquiries: 2022designcompetition@hkam.org.hk