



# A Talk on Organic Gardening

## Connecting with Nature: A Step to a Healthier Lifestyle

Moderator



Dr Po-yuen Kwan

Speaker



Dr Arthur van Langenberg

Speaker



Dr Tom Fu-tak Ho

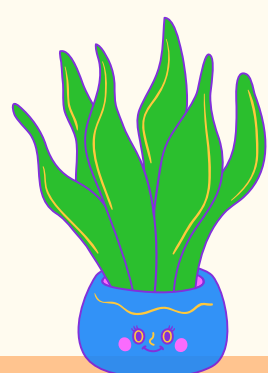
### Rundown

Greetings and Introduction

*Farming Through the Seasons* – by Dr Arthur van Langenberg

*Starting an Organic Farm* – by Dr Tom Fu-tak Ho

*Wrap up: Practising Organic Gardening* – by Dr Clara Wing-ye Wu



Click this link:

<http://page.hkam.org.hk/Gardening2021>

or Scan QR Code to register!

1 May 2021  
(Saturday)

2:30 pm - 3:30 pm

Academy Lounge, 3/F  
Hong Kong Academy  
of Medicine Jockey  
Club Building

Limited quota for  
onsite participation;  
Online participation  
option available



香港中文大學醫學院舊生會  
CUHK Medical Alumni Association



For enquiries, please contact us at [connect@hkam.org.hk](mailto:connect@hkam.org.hk)

Co-organisers:

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