# **Update on Diabetes Management**

(A Certificate Course for Clinicians)



## 31 August - 01 September 2013

# Li Ka Shing Faculty of Medicine The University of Hong Kong

Co-organized by:
KK Leung Diabetes Centre, Queen Mary Hospital
and

Research Centre of Heart, Brain, Hormone and Healthy Aging, The University of Hong Kong





#### WELCOME MESSAGE FROM THE DIRECTOR

Prof. Karen Lam

iabetes is now one of the most common noncommunicable diseases globally, with a total of 366 million cases expected by 2030. In Hong Kong, one in ten adults suffers from diabetes. Over the past decade, the advent of new diagnostic criteria, the development of novel anti-diabetic agents and the advances in monitoring systems and treatment devices have led to considerable changes in our approach to diabetes management. This course aims to equip practicing clinicians with the most updated information and knowledge on the provision of comprehensive diabetes care. Specialists will be invited to share their expertise on various aspects of diabetes management with our participants so that they, in turn, can help their patients to achieve optimal metabolic control and reduce the risk of long-term complications. We cordially invite you to join in this enjoyable weekend course.

#### **Course Outline**

- Update on management guidelines
- Conventional and novel anti-diabetic drugs
- Insulin therapy: Practical issues
- Multi-disciplinary management of diabetic complications
- Interventional therapy for obesity in diabetes
- Cardiovascular diseases, cognitive dysfunction and diabetes

## **Entry Requirement**

Open to all local/ overseas general practitioners or specialists and healthcare providers with active involvement in diabetes management.

### **Time and Venue**

31 August 2013 (Sat) 12:45pm to 6:00pm 01 September 2013 (Sun) 8:45am to 3:45pm Venue: Cheung Kung Hai Conference Centre,

> Li Ka Shing Faculty of Medicine, The University of Hong Kong

#### Accreditation

Certificate of attendance will be awarded to participants upon completion of the course. Relevant CME points will be accredited. Please check our website for full list of colleges.

#### **Course Fee**

Full Registration: HK\$1,600 Day Registration: HK\$850

Closing Date for Application: 31 July 2013

# **Organizing Committee**

Prof. Karen SL Lam (Director)

Dr. CY Yeung (Chairman)

Dr. WS Chow Prof. Kathryn CB Tan
Dr. Elaine YL Hui Ms. Karen KC Wong

Dr. Joanne KY Lam Dr. YC Woo Dr. Alan CH Lee Ms. Amy SW Yee Dr. Paul CH Lee Dr. Michele MA Yuen

Ms. Elaine LY Leung

# **Faculty**

Dr. KH Chan Dr. Alan CH Lee Dr. YC Woo Dr. CH Choi Dr. Paul CH Lee Dr. Gabriel WK Yip Dr. WS Chow Dr. CP Lee Dr. CY Yeung Dr. Elaine YL Hui Dr. KK Lee Ms. Eva CK Yuen

Dr. Michele MA Yuen

Dr. Andrew YY Ho
Dr. Felix FK Li
Dr. TP Ip
Dr. Dr. Daniel KH Tong

Dr. Joanne KY Lam Dr. Ian YH Wong

## 31 August 2013 (Sat)

12:45-13:00	Registration	
13:00-14:40	Lunch Workshop: Train-the Trainer Exercise Workshop Case Discussion Café	
14:40-15:15	Diagnosis, Monitoring and Complication Assessments	
15:15-15:50	Management of Hypertension and Dyslipidaemia in Diabetes	
15:50-16:15	Tea Break	
16:15-16:50	Diabetic Foot: An Orthopaedic Surgeon's Perspective	
16:50-17:25	Diabetes and Cognitive Dysfunction	
17:25-18:00	Gestational Diabetes	

## 01 September 2013 (Sun)

08:45-09:00	Registration	
09:00-09:35	Update on Diabetic Retinopathy	
09:35-10:10	Update on Diabetic Nephropathy	
10:10-10:45	Tea Symposium: Insulin Treatment in Outpatient Setting	
10:45-11:15	Tea Break	
11:15-11:50	Inpatient Glycaemic Control and Sick-day Management	
11:50-12:25	Food as a Treatment Strategy for Glycaemic Control	
12:25-13:00	Lunch Symposium: Recent Advances in Treatment of Type 2 Diabetes	
13:00-14:00	Lunch	
14:00-14:35	CVS Imaging in Diabetic Patients	
14:35-15:10	Metabolic Surgery	
15:10-15:45	Diabetes, Treatment and Cancers	

## **Registration Form**

# **Update on Diabetes Management**

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Title: Prof. / Dr. (Please delete as appropriate)		
Name: (English)		
(Chinese)		
Institution/ Dept:		
Mailing Address:		
Tel: Fax:		
Email:		

## Fee (Non-refundable)

☐ Full Registration	HK\$1,600
Day Registration	HK\$850

☐ 31 August 2013

□ 01 September 2013

Closing date for application: 31 July 2013

Web: http://www.hku.hk/medicine/udm.htm

Enquiry: Ms. Gigi Wong

Email : udm2013@icc.com.hk Tel: 2559-9973 Fax: 2547-9528

This form together with a crossed cheque payable to "Queen Mary Hospital" should be returned to:

c/o International Conference Consultants Ltd Unit C-D, 17/F., Max Share Centre, 373 King's Road, North Point, Hong Kong