

# Update on Diabetes Management

(A Certificate Course for Clinicians)



**26-27 November 2011**

**Li Ka Shing Faculty of Medicine  
The University of Hong Kong**

*Co-organized by:*

**KK Leung Diabetes Centre, Queen Mary Hospital  
and  
Research Centre of Heart, Brain, Hormone and  
Healthy Aging, The University of Hong Kong**



## WELCOME MESSAGE FROM THE DIRECTOR

*Prof. Karen Lam*

The prevalence of diabetes is rising worldwide, by about 3% per annum, with a total of 366 million cases expected by 2030. In Hong Kong, diabetes is a common health problem affecting one in ten adults. Over the past decade, the advent of new diagnostic criteria, the development of novel anti-diabetic agents and the advances in monitoring systems and treatment devices have led to considerable changes in our approach to diabetes management. This course aims to equip practicing clinicians with the most updated information and knowledge on the provision of comprehensive diabetes care. Specialists will be invited to share their expertise on various aspects of diabetes management with our participants so that they, in turn, can help their patients to achieve optimal metabolic control and reduce the risk of long-term complications. Emphasis will be placed on an interactive approach and a hands-on learning experience. We cordially invite you to join in this enjoyable weekend course.

## Course Outline

- Diagnosis of diabetes, what is new?
- Conventional and novel anti-diabetic drugs
- Insulin therapy: Practical issues
- Multi-disciplinary management of diabetic complications
- Dietary and interventional therapy for obesity in diabetes
- Cardiovascular diseases and diabetes

## Entry Requirement

Open to all local / overseas general practitioners or specialists and healthcare providers with active involvement in diabetes management.

## Time and Venue

26 November 2011 (Sat) 12:45pm to 5:45pm  
27 November 2011 (Sun) 8:45am to 3:30pm

Venue: Cheung Kung Hai Conference Centre,  
Li Ka Shing Faculty of Medicine,  
The University of Hong Kong

## Accreditation

Certificate of attendance will be awarded to participants upon completion of the course. Relevant CME points will be accredited. Please check our website for full list of colleges.

## Course Fee

Full Registration: HK\$1,500  
Day Registration: HK\$800

**Closing Date for Application: 31 October 2011**

## Organizing Committee

Prof. Karen SL Lam (Director)  
Dr. YC Woo (Chairman)  
Dr. WS Chow Ms. SK Leung  
Dr. Joanne KY Lam Prof. Kathryn CB Tan  
Dr. Paul CH Lee Ms. Karen KC Wong  
Ms. Elaine LY Leung Dr. Michele MA Yuen

## Faculty

Dr. Carmen WS Chan Dr. Felix FK Li  
Dr. CH Choi Prof. David SH Wong  
Dr. WS Chow Mr. Michael HF Yam  
Prof. KM Chu Ms. Amy SW Yee  
Dr. Joanne KY Lam Dr. CY Yeung  
Dr. KF Lee Ms. Emily WC Yeung  
Dr. KK Lee Ms. Eva CK Yuen  
Dr. Paul CH Lee Dr. Michele MA Yuen  
Ms. Cynthia SY Leung

## 26 November 2011 (Sat)

- 12:45-13:00 Registration
- 13:00-14:30 Lunch  
Hands-on Workshops:  
Living with Diabetes
- (1) *Complications Assessment*  
Retinal Photo / Foot Assessment /  
Body Fat Analysis / Desktop  
HbA1c
- (2) *Diabetes Self-Management  
Education (DSME)*  
Glucose Meters / Insulin  
Appliances / Education Materials
- (3) *Dietary Advice*  
Food Choices in Diabetes and  
the Metabolic Syndrome
- 14:30-15:00 Diabetes Made Easy
- 15:00-15:45 Diagnosis and Classification of  
Diabetes and Pre-diabetes
- 15:45-16:15 Tea Break
- 16:15-17:00 Initiation and Titration of Insulin in  
Clinic Setting
- 17:00-17:45 Practical Issues on In-patient  
Glycaemic Management

## 27 November 2011 (Sun)

- 08:45-09:00 Registration
- 09:00-09:45 Update on the Management of  
Diabetic Nephropathy
- 09:45-10:30 Update on the Management of  
Diabetic Retinopathy
- 10:30-11:00 Tea Break
- 11:00-11:45 Endoscopic and Surgical  
Intervention for Morbid Obesity and  
Metabolic Syndrome
- 11:45-12:15 All Food Can Fit - Also for Diabetic  
Patients?
- 12:15-14:00 Lunch Symposium:  
Update in Anti-diabetic Drugs in  
Type 2 Diabetes
- 14:00-14:45 How to Choose the Best  
Investigational Tool for your DM  
Patients with Suspected  
CAD?...Illustrated by a Mix of  
Moderated Cases
- 14:45-15:30 Management of Diabetic  
Dyslipidaemia

## Registration Form

### Update on Diabetes Management (A Certificate Course for Clinicians)

Title: Prof. / Dr. (Please delete as appropriate)

Name: (English) \_\_\_\_\_

(Chinese) \_\_\_\_\_

Institution/ Dept: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

### Fee (Non-refundable)

- Full Registration      HK\$1,500  
 Day Registration      HK\$800  
 26 November 2011  
 27 November 2011

Closing date for application: 31 October 2011

Web: <http://www.hku.hk/medicine/udm.htm>

Enquiry: Ms. Gigi Wong

Email : [udm2011@icc.com.hk](mailto:udm2011@icc.com.hk)

Tel: 2559-9973 Fax: 2547-9528

This form together with a crossed cheque payable to  
“**Queen Mary Hospital**” should be returned to:

c/o International Conference Consultants Ltd  
Unit C-D, 17/F., Max Share Centre,  
373 King's Road,  
North Point, Hong Kong