

11th International Symposium on Healthy Aging

12-13 March 2016

Science and Aging:
An Era of Discovery

The Ballroom, 3rd Floor, Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Hong Kong

Call for Abstracts and Registrations

Deadline for Submission of Abstracts

15 February 2016

Deadline for Registration

26 February 2016

Organized by

Research Centre of Heart, Brain,
Hormone & Healthy Aging



LI KA SHING FACULTY OF MEDICINE
THE UNIVERSITY OF HONG KONG

香港大學李嘉誠醫學院

IMPORTANT DATES

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15 FEBRUARY 2016

Deadline for Registrations

26 FEBRUARY 2016

Dates of the Symposium

12-13 MARCH 2016

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Welcome Message

On behalf of the Organising Committee, we are most delighted to invite you to the 11th International Symposium on Healthy Aging organised by the Research Centre of Heart, Brain, Hormone and Healthy Aging on 12-13 March 2016 at the Ballroom, 3/F Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Hong Kong.

Following the success of the previous Symposia from 2006 to 2015, the programme this year is titled "Science and Aging: An Era of Discovery". We will continue our focus on the promotion of healthy aging from a multidisciplinary perspective and provide updates on the development of novel therapeutics as well as diagnostic approaches against aging-related problems. Built around the four research themes of our Centre, namely "Degeneration and Regeneration", "Diabetes and Metabolic Syndrome", "Vascular Biology", and "Cell Therapy and Tissue Engineering", plenary lectures in areas of basic research, prevention, treatment, management, and rehabilitation will be offered in the 2-day scientific programme. In addition, the Young Investigator Awards will be offered to recognise and award the outstanding young researchers for their oral and poster presentations.

We sincerely welcome all healthcare professionals to participate in this very stimulating and comprehensive meeting. We look forward to seeing you!



Dr Tommy T Cheung
*Co-Chairman
Organising Committee*



Dr George L Tipoe
*Co-Chairman
Organising Committee*



Professor Karen SL Lam
*Director
Research Centre of Heart, Brain,
Hormone & Healthy Aging*

Organising Committee

Co-chairmen	Members
Dr Tommy T Cheung Dr George L Tipoe	Professor Karen SL Lam Professor Ying-Shing Chan Professor Hung-Fat Tse Professor Bernard MY Cheung Professor Kathryn CB Tan Dr Koon-Ho Chan Dr Man-Lung Fung Dr Joseph SK Kwan Dr Coral CS Lai Dr Paul CH Lee Dr Angela YM Leung Dr Amy CY Lo Dr Kendrick C Shih Dr Kai-Hang Yiu

Symposium Secretariat

Research Centre of Heart, Brain, Hormone & Healthy Aging
Room 205, 2/F, William MW Mong Block
Li Ka Shing Faculty of Medicine
The University of Hong Kong
21 Sassoon Road, Pokfulam, Hong Kong

Telephone : (852) 3917 9866
Fax : (852) 2816 5258
Email : hbha@hku.hk
Website : www.med.hku.hk/hbha/isha2016

Symposium Information

Dates and Venue

The Symposium will be held on Saturday, 12 March and Sunday, 13 March 2016. All sessions will take place at the Ballroom, 3/F, Sheraton Hong Kong Hotel & Towers, Tsimshatsui.

Official Language

All sessions will be conducted in English.



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Attendance

CME/CNE/CPD points:

Continuing Medical Education (CME), Continuing Nursing Education (CNE) and Continuing Professional Development (CPD) credits have been applied from the respective Colleges.

Name Badges:

All registrants will be provided with a name badge which should be worn for identification and admission to the Meeting.

Certificate of Attendance:

Certificates of Attendance will be issued upon request.

Letter of Invitation:

The Organising Committee will issue a letter of invitation upon request. The invitation is intended to facilitate participants' arrangements for travel visa application and/ or their own reimbursement and does not imply any provision of financial or other supports.

Exhibition:

An exhibition at the Symposium will feature pharmaceutical products, cardiac devices, and medical equipment. Please contact the Symposium Secretariat for more information.

List of Renowned Speakers

Carmen WS Chan, Department of Medicine, Queen Mary Hospital, HK

Siew-Pheng Chan, Endocrine Unit, Department of Medicine, University of Malaya Medical Centre, Kuala Lumpur, Malaysia

Wai-Chi Chan, Department of Psychiatry, The University of Hong Kong

Willy Cecilia Cheon, Department of Obstetrics & Gynaecology, Queen Elizabeth Hospital, HK

Tommy T Cheung, Department of Medicine, The University of Hong Kong

Sookja K Chung, School of Biomedical Sciences, The University of Hong Kong

Aroon Hingorani, Institute of Cardiovascular Science, Faculty of Population Health Sciences, University College London, UK

Joseph SK Kwan, Department of Medicine, The University of Hong Kong

Cora SW Lai, School of Biomedical Sciences, The University of Hong Kong

Simon CC Lam, Department of Medicine, Queen Mary Hospital, HK

Angela YM Leung, School of Nursing, The University of Hong Kong

Lee-Wei Lim, School of Biomedical Sciences, The University of Hong Kong

Edward CM Lo, Faculty of Dentistry, The University of Hong Kong

Stephanie KY Ma, School of Biomedical Sciences, The University of Hong Kong

Kendrick C Shih, Department of Ophthalmology, HKU

Jennifer WH Shum, Department of Ophthalmology, The University of Hong Kong

Kathryn CB Tan, Department of Medicine, The University of Hong Kong

Eric WC Tse, Department of Medicine, The University of Hong Kong

Janice WH Tsang, Department of Medicine, The University of Hong Kong

Man-Wo Tsang, Specialist in Endocrinology, Diabetes & Metabolism

James HL Tsu, Department of Surgery, The University of Hong Kong

Gloria HY Wong, Department of Social Work and Social Administration, The University of Hong Kong

Kai-Hang Yiu, Department of Medicine, The University of Hong Kong

Programme at a Glance

12 March 2016 (Saturday)

0845 – 0900	Registration
0900 – 0910	Opening Remarks
Symposium 1: Update on Depression in the Elderly	
0910 – 0930	Dendritic Spine Plasticity in Depression Cora SW Lai, School of Biomedical Sciences, HKU
0930 – 0950	Recent Advances in Management of Late-life Depression Wai-Chi Chan, Department of Psychiatry, HKU
0950 – 1020	<i>Coffee & Tea Break, Poster Viewing and Booth Visit</i>
1020 – 1120	Young Investigator Award Forum I (Oral Presentations)
Symposium 2: How to Enhance Physical Fitness for the Elderly	
1120 - 1140	From Basic Research to Functional Neurosurgery of Parkinson's disease Lee-Wei Lim, School of Biomedical Sciences, HKU
1140 - 1200	Age Related Frailty and Sarcopenia: Clinical Impact and Interventions Joseph SK Kwan, Department of Medicine, HKU
Symposium 3: Genomics and Drug Development	
1200 - 1245	Using Genomics to help develop Medicines for Circulatory Diseases and other Diseases of Ageing Aroon Hingorani, Institute of Cardiovascular Science, Faculty of Population Health Sciences, University College London, UK
Lunch Symposium: Aging and Diseases of the Heart	
1245 - 1330	The Relationship between Atrial Fibrillation and Aging, How can the Latest Development of NOACs Play a Role? (Sponsored by Pfizer Corporation Hong Kong Limited) Kai-Hang Yiu, Department of Medicine, HKU

1330 – 1350	Simon CC Lam, Department of Medicine, Queen Mary Hospital, HK
1350 - 1410	A New Approach in Risk Stratification of Coronary Artery Disease Carmen WS Chan, Department of Medicine, Queen Mary Hospital, HK
Opening Ceremony	
1410 - 1425	Guest of Honour: tbc
Symposium 4: New Discoveries in Diabetes Management	
1425 – 1455	Weight Management in Diabetes with Novel Treatment (sponsored by AstraZeneca Hong Kong Limited) Kathryn CB Tan, Department of Medicine, HKU
1455 - 1525	Update on the Role of DPP4 Inhibitors in the Treatment Paradigm of Type 2 Diabetes (sponsored by Boehringer Ingelheim (Hong Kong) Limited) Man-Wo Tsang, Specialist in Endocrinology, Diabetes & Metabolism
1525 – 1555	<i>Coffee & Tea Break, Poster Viewing and Booth Visit</i>
Symposium 5: New Horizons for Urogenital Diseases	
1555 - 1615	A Silent Battle: Combating Urinary Incontinence Willy Cecilia Cheon, Department of Obstetrics & Gynaecology, Queen Elizabeth Hospital, HK
1615 - 1635	James HL Tsu, Department of Surgery, HKU

Programme at a Glance

13 March 2016 (Sunday)

0845 – 0900	Registration
Symposium 6: Current Perspectives in Dementia	
0900 – 0920	Advances in the Understanding of Post Stroke Dementia Sookja SK Chung, School of Biomedical Sciences, HKU
0920 – 0940	Cognitive Stimulation Therapy: Current Evidence and Application Gloria HY Wong, Department of Social Work and Social Administration, HKU
0940 – 1000	Effects of Internet-based Training for Dementia Caregivers Angela YM Leung, School of Nursing, HKU
1000 – 1030	<i>Coffee & Tea Break, Poster Viewing and Booth Visit</i>
1030 – 1130	Young Investigator Award Forum II (Oral Presentations)
Symposium 7: Advances in the Treatment of Cancers in the Elderly	
1130 – 1150	Management of Elderly Patients with Chronic Lymphocytic Leukaemia Eric WC Tse, Department of Medicine, HKU
1150 – 1210	Geriatric Oncology - Getting Ready for Better Care of More Elderly People Living with Cancer Janice WH Tsang, Department of Medicine, HKU
1210 – 1230	Targeting Cancer Stem Cells for the Treatment of Hepatocellular Carcinoma Stephanie KY Ma, School of Biomedical Sciences, HKU
Symposium 8: Beyond Diabetes Management I: How to tackle Cardiovascular Complications	
1230 – 1300	State of the Art Type 2 Diabetes Management - Evidence from Recent CV Outcome Trials (sponsored by Boehringer Ingelheim (Hong Kong) Limited)

Lunch Symposium: Management of Arthritis for the Elderly

1300 – 1345 **Gout and Hyperuricaemia in the Elderly**
(sponsored by Astellas Pharma Hong Kong Co., Ltd)
Tommy T Cheung, Department of Medicine, HKU

1345 – 1430 **A Different Approach to the Ultimate Treatment in Managing Rheumatoid Arthritis**
(sponsored by AbbVie Limited)

Symposium 9: Beyond Diabetes Management: How to tackle Renal Complications

1430 - 1500 **Managing Diabetes: Beyond Glycemic Control**
(sponsored by Servier Hong Kong Limited)
Siew-Pheng Chan, Endocrine Unit, Department of Medicine,
University of Malaya Medical Centre, Malaysia

1500 – 1530 *Coffee & Tea Break, Poster Viewing and Booth Visit*

Symposium 10: Dental and Visual Health of the Elderly

1530 – 1550 **New Approach in Treating Tooth Decay in Older Adults**
Edward CM Lo, Faculty of Dentistry, HKU

1550 – 1610 **Glaucoma and the Elderly - An Update**
Jennifer WH Shum, Department of Ophthalmology, HKU

1610 - 1630 **An Evidence-Based Approach for Dry Eye Disease**
Kendrick C Shih, Department of Ophthalmology, HKU

1630 – 1650 **Young Investigator Award Presentation Ceremony and Closing Remarks**

Call for Abstracts

Abstract Submission Procedure

All participants are invited to submit abstracts in either poster or oral format for presentation at the Symposium. Please refer to the following guidelines for submission:

- Submitted materials should not be previously published.
- All abstracts must be written in English, Times New Roman in point 12 and within 800 words.
- The objectives, methods, results and conclusions should be described. One figure or table may be included, though at the expense of the total number of words.
- Confirmation of acceptance of abstracts will be communicated to the Presenting Author by **22 February 2016**. The exact schedule of shortlisted presentations at the Symposium will be communicated to the Presenting Author by **29 February 2016**.
- All accepted abstracts will be integrated and printed in the Programme Book.
- Free registration will be offered to all presenting authors of the oral or poster presentations.
- Presenting Authors are eligible to participate in the Young Investigator Awards Competition for oral / poster presentations if their positions are below the rank of Assistant Professor or equivalent. The Young investigator Awards and Outstanding Abstract Prizes will be awarded for the best oral / poster presentations.
- Please download the **abstract form** at <http://www.med.hku.hk/hbha/isha2016/abstract-submission/> and save it as MS Word file. **Submission of abstracts should be made via online submission** at <http://www.med.hku.hk/hbha/isha2016/online-abstract-submission/> or by mail (with a disc containing the soft copy) to the following:

Symposium Secretariat
Research Centre of Heart, Brain, Hormone & Healthy Aging
Room 205, 2/F, William MW Mong Block
Li Ka Shing Faculty of Medicine, The University of Hong Kong
21 Sassoon Road, Pokfulam, Hong Kong

- If you are unable to upload your abstract file or wish to make any changes or amendments, please contact the Symposium Secretariat via email at hbha@hku.hk. Please do NOT re-submit your abstract.

**Note: The deadline of submission is 15 February 2016.
Abstract sent in by fax will NOT be accepted.**

Young Investigator Awards

Prizes each for the oral and poster presentations will be awarded for the outstanding presentations by young researchers. The presenting author, who is below the position of Assistant Professor or equivalent, should indicate if they wish to have their abstracts considered for the Award. Shortlisted finalists will be requested to make presentations for the adjudicators to review at the Symposium.

Registration

Registration Procedure

Please register for the Symposium by:

- (1) online registration at <http://www.med.hku.hk/hbha/isha2016/online-registration/> or ;
- (2) completing and returning the registration form overleaf by fax at (852) 2816 5258 or by mail to the Symposium Secretariat:

Research Centre of Heart, Brain, Hormone & Healthy Aging
Room 205, 2/F, William MW Mong Block
Li Ka Shing Faculty of Medicine
The University of Hong Kong
21 Sassoon Road
Pokfulam, Hong Kong

Please send a crossed cheque payable to “The University of Hong Kong” with the appropriate fee and the completed registration form to the Symposium Secretariat.

DEADLINE FOR REGISTRATION: 26 FEBRUARY 2016

Official Receipt

An official receipt of the registration fee will be provided in the registration package for collection at the Symposium. On-site registration with payment in cash at the Symposium is also accepted. An official receipt will be issued after the event by mail to the on-site registrants.

On-site registration is also accepted, subject to the sitting capacity. Registrants have to pay the fee in cash at the Symposium.

Entitlement

Registrants will be entitled to:

- attend the Opening Ceremony
- participate in all symposia (including the lunch symposia)
- visit the poster exhibition
- receive a certificate of attendance, upon request and a copy of the programme booklet

Cancellation of Registration

Only 50% of the registration fee will be refunded if notification of cancellation is made in writing on or before 26 February 2016. No refund will be made for any notification of cancellation received after 26 February 2016.



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REGISTRATION FORM

Deadline for submission: 26 February 2016

Please complete this form in **BLOCK** letters

Title (please tick ✓): Prof Dr Mr Ms

Surname: Given Name:

Department: Institution:

Mailing Address:

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Tel: Fax: *E-mail:

** Please provide your address and/or email address in full accurately to ensure that you will receive the letter of confirmation for registration..*

REGISTRATION FEES	
Registration	Amount
<input type="checkbox"/> Medical Doctor	HKD600
<input type="checkbox"/> Research Professoriate Staff	HKD600
<input type="checkbox"/> Nurse / Allied Health Professional	HKD300
<input type="checkbox"/> Other Research Personnel	HKD300
<input type="checkbox"/> Intern / Postgraduate Student Please indicate your institution and quote your student number:	HKD300

A 50% discount will be offered to HKU staff / student / alumni and HA HK West Cluster Staff

Please quote your Staff / Student number:

Certificate of Attendance

I would like to request for a Certificate of Attendance.

Payment

All payments should be made by cheque in HK Dollars payable to "The University of Hong Kong" and sent with the completed registration form to the **Symposium Secretariat, Research Centre of Heart, Brain, Hormone & Healthy Aging, Room 205, 2/F William MW Mong Block, Li Ka Shing Faculty of Medicine, The University of Hong Kong by 26 February 2016.**

Date

Signature





<http://www.med.hku.hk/hbha/isha2016/>