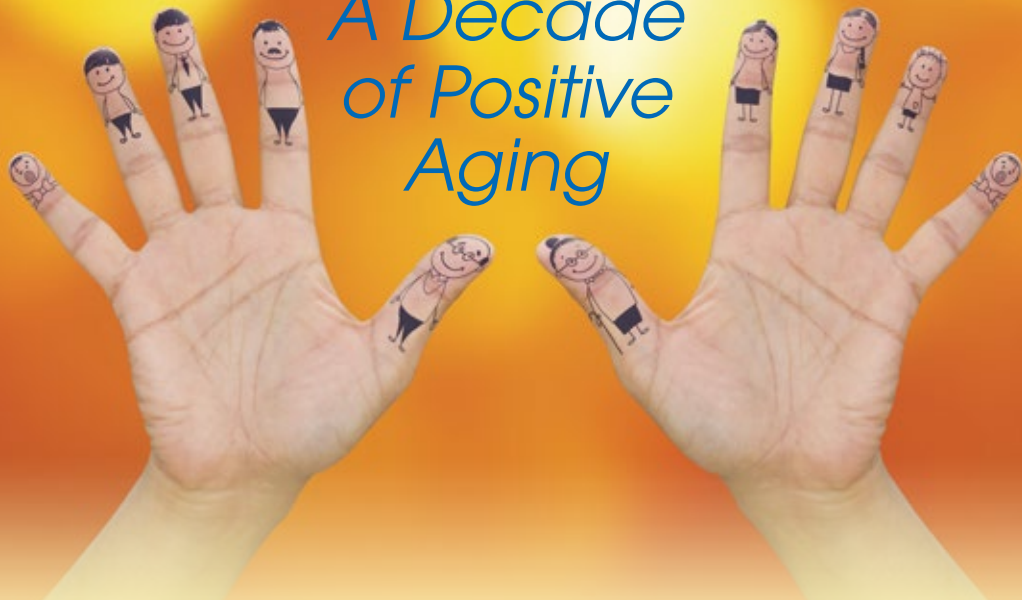


TENTH INTERNATIONAL SYMPOSIUM ON HEALTHY AGING

A Decade of Positive Aging



7-8 March 2015

The Ballroom, 3rd Floor
Sheraton Hong Kong Hotel & Towers
Tsimshatsui, Hong Kong

Call for Abstracts
and Registrations

Deadlines

9 February 2015
(Abstract Submission)

23 February 2015
(Registration)

Organised by

Research Centre of Heart, Brain,
Hormone & Healthy Aging



LI KA SHING FACULTY OF MEDICINE
THE UNIVERSITY OF HONG KONG

香港大學李嘉誠醫學院

IMPORTANT DATES

Deadline for Submission of Abstracts

9 February 2015

Deadline for Registrations

23 February 2015

Dates of the Symposium

7-8 March 2015



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Welcome Message

On behalf of the Organising Committee, we are most delighted to invite you to the Tenth International Symposium on Healthy Aging organised by the Research Centre of Heart, Brain, Hormone and Healthy Aging on 7-8 March 2015 at the Ballroom, Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Hong Kong.

Following the success of the previous Symposia in 2006 to 2014, this year's programme is titled "A Decade of Positive Aging". We will continue our focus on the promotion of healthy aging from a multidisciplinary perspective and provide updates on the development of novel therapeutic as well as diagnostic approaches against aging-related problems. Built around the four research themes of our Centre, namely "Degeneration and Regeneration", "Diabetes and Metabolic Syndrome", "Vascular Biology", and "Cell Therapy and Tissue Engineering", plenary lectures in areas of basic research, prevention, treatment, management, and rehabilitation will be offered in the 2-day scientific programme consisting of 13 major symposia and 2 lunch symposia. In addition, the Young Investigator Awards will be offered, under the sponsorship of Sun Chieh Yeh Heart Foundation, to recognise and award the outstanding young researchers for their oral and poster presentations.

We sincerely welcome all healthcare professionals to participate in this very stimulating and comprehensive meeting. We look forward to seeing you!



Dr Amy Lo
Co-Chairman
Organising Committee



Dr Kai-Hang Yiu
Co-Chairman
Organising Committee



Professor Karen SL Lam
Director
Research Centre of Heart, Brain,
Hormone & Healthy Aging

Organising Committee

Co-chairmen

Dr Amy Lo
Dr Kai-Hang Yiu

Members

Prof Karen SL Lam
Prof Ying-Shing Chan
Prof Hung-Fat Tse
Prof Bernard MY Cheung
Prof Leung-Wing Chu
Prof Kathryn CB Tan
Dr Koon-Ho Chan
Dr Raymond CC Chang
Dr Tommy T Cheung
Dr Man-Lung Fung
Dr Joseph SK Kwan
Dr Angela YM Leung
Dr Judith CW Mak
Dr Kendrick Shih

Symposium Secretariat

Research Centre of Heart, Brain, Hormone & Healthy Aging
1/F, William MW Mong Block
Faculty of Medicine Building
21 Sassoon Road
Pokfulam, Hong Kong

Telephone : (852) 3917 9866
Fax : (852) 2816 5258
Email : hbha@hku.hk
Website : www.med.hku.hk/hbha/isha2015

Symposium Information

Dates and Venue

The Symposium will be held on Saturday, 7 March and Sunday, 8 March 2015. All sessions will take place at the Ballroom, 3/F, Sheraton Hong Kong Hotel & Towers, Tsimshatsui.

Official Language

All sessions will be conducted in English.



Deadline for Submission of Abstracts
9 February 2015

Deadline for Registration
23 February 2015

Attendance

CME/CNE/CPD points:

Continuing Medical Education (CME), Continuing Nursing Education (CNE) and Continuing Professional Development (CPD) credits have been applied from the respective Colleges.

Name Badges:

All registrants will be provided with a name badge which should be worn for identification purposes and admission to the Meeting.

Certificate of Attendance:

Certificates of Attendance will be issued upon request.

Letter of Invitation:

The Organising Committee will issue a letter of invitation upon request. The invitation is intended to facilitate participants' arrangements for travel visa application and/ or their own reimbursement and does not imply any provision of financial or other support.

Exhibition:

An exhibition at the Symposium will feature pharmaceutical products, cardiac devices, and medical equipment. Please contact the Symposium Secretariat for more information.

List of Renowned Speakers

Karen KL Chan, Department of Obstetrics and Gynaecology, The University of Hong Kong

Kenneth KY Cheng, Department of Medicine, The University of Hong Kong

Ching-Lung Cheung, Department of Medicine, Pharmacology and Pharmacy, The University of Hong Kong

Alice ML Chong, Department of Applied Social Sciences, City University of Hong Kong

Martin Cowie, Faculty of Medicine, Chair in Cardiology, Imperial College London, UK

Om Ganda, Specialist in Endocrinology and Metabolism, Joslin Diabetes Center and Harvard Medical School, US

Jacek Kiljański, Global Diabetes Medical Affairs, Eli Lilly and Company

Joseph SK Kwan, Department of Medicine, The University of Hong Kong

Jimmy Lai, Department of Ophthalmology, The University of Hong Kong

David CL Lam, Department of Medicine, The University of Hong Kong

Gavin KW Lee, Rheumatology Centre, Hong Kong Sanatorium & Hospital

Lawrence A Leiter, Division of Endocrinology and Metabolism, St. Michael's Hospital, University of Toronto, Canada

Angela YM Leung, School of Nursing, The University of Hong Kong

Wai-Keung Leung, Department of Medicine, The University of Hong Kong

Terry YS Lum, Sau Po Centre on Ageing, Department of Social Work and Social Administration, The University of Hong Kong

Edmond SK Ma, Clinical Pathology & Molecular Pathology Division, Hong Kong Sanatorium & Hospital

Pearl Pai, The University of Hong Kong - Shenzhen Hospital

David CW Siu, Department of Medicine, The University of Hong Kong

Lois EH Smith, Department of Ophthalmology, Harvard Medical School, US

Kathryn CB Tan, Department of Medicine, The University of Hong Kong

Sydney CW Tang, Department of Medicine, The University of Hong Kong

Brian Tomlinson, Department of Medicine & Therapeutics, The Chinese University of Hong Kong

Hung-Fat Tse, Department of Medicine, The University of Hong Kong

Eric WC Tse, Department of Medicine, The University of Hong Kong

Ian Wong, Department of Ophthalmology, The University of Hong Kong

Programme at a Glance

7 March 2015 (Saturday)

08:40 – 09:00	Registration
09:00 – 09:10	Opening Remarks
Symposium I: Basic Research on Healthy Aging	
09:10 – 09:30	New Insights on the Regulation of Insulin Secretion Kenneth KY Cheng, Department of Medicine, HKU
09:30 – 09:50	Genetics of Osteoporosis: What is Next? Ching-Lung Cheung, Department of Medicine, Pharmacology and Pharmacy, HKU
09:50 – 10:50	Young Investigator Award Forum I (Oral Presentations)
10:50 – 11:20	<i>Coffee & Tea Break, Poster Viewing and Booth Visit</i>
Symposium II: Translational Research on Healthy Aging	
11:20 – 11:50	How Aging Causes Neovascular Age-related Macular Degeneration? Lois EH Smith, Department of Ophthalmology, Harvard Medical School, US
Symposium III: Treatment for the Aging Heart	
11:50 – 12:20	Practical Tips in Managing AF Patients in Primary Care Setting: from Disease Screening to Anticoagulation (Sponsored by Boehringer Ingelheim (HK) Ltd) David CW Siu, Department of Medicine, HKU
12:20 – 12:50	Optimized Management of Heart Failure Patients (Sponsored by Servier Hong Kong Limited) Martin Cowie, Faculty of Medicine, Chair in Cardiology, Imperial College London, UK



Lunch Symposium: Sponsored by Bayer Healthcare Limited

12:50 – 13:35 **Advances in Treatment of VTE**
Eric WC Tse, Department of Medicine, HKU

13:35 – 14:20 **Practical Use and Laboratory Monitoring of NOACs**
Edmond SK Ma, Clinical Pathology & Molecular Pathology Division,
Hong Kong Sanatorium & Hospital

Opening Ceremony

14:20 – 14:40 Oration for the 10th Anniversary by Professor Pater Mathieson,
President and Vice-Chancellor, HKU

Symposium IV: Sponsored by Merck Sharp & Dohme (Asia) Ltd

14:40 – 15:10 **Translating Simplicity into Real life Efficacy in Diabetes Management**
Om Ganda, Specialist in Endocrinology and Metabolism, Joslin Diabetes
Center and Harvard Medical School, US

15:10 – 15:40 **Coffee & Tea Break, Poster Viewing and Booth Visit**

Symposium V: Treatment for the Aging Lung (Sponsored by Novartis Pharmaceuticals (HK) Limited)

15:40 – 16:10 **How to Prevent Exacerbation by Early Action for COPD Patient**
David CL Lam, Department of Medicine, HKU

Symposium VI: Common Kidney Diseases in the Aging Population

16:10 – 16:30 **Growing Old with Kidney Failure**
Pearl Pai, The University of Hong Kong – Shenzhen Hospital

16:30 – 16:50 **Diabetic Nephropathy in Asia: A Growing Threat**
Sydney CW Tang, Department of Medicine, HKU

Programme at a Glance

8 March 2015 (Sunday)

08:30 – 08:45 Registration

Symposium VII: Multidisciplinary Approach to Healthy Aging

08:45 – 09:00 **Positive Ageing: What makes it work?**
Alice ML Chong, Department of Applied Social Sciences, City University of Hong Kong

09:00 – 09:15 **Building Diabetes Literacy through Smartphone Application: Feasibility and Challenges**
Angela YM Leung, School of Nursing, HKU

09:15 – 09:30 **A Survey of Evidence based Community Support Services for People with Dementia and their Caregivers in Hong Kong**
Terry YS Lum, Sau Po Centre on Ageing, Department of Social Work and Social Administration, HKU

09:30 – 10:00 **Coffee & Tea Break, Poster Viewing and Booth Visit**

10:00 – 11:00 **Young Investigator Award Forum II (Oral Presentations)**

Symposium VIII: Cancer Screening

11:00 – 11:20 **Screening and Surveillance of Colorectal Cancer in the Elderly: Risks and Benefits**
Wai-Keung Leung, Department of Medicine, HKU

11:20 – 11:40 **Screening and Early Detection of Cervical Cancer**
Karen KL Chan, Department of Obstetrics and Gynaecology, HKU

Symposium IX: Sponsored by Pfizer Corporation Hong Kong Ltd

11:40 - 12:10 **Managing Older Persons with Arthritis - Achieve a Better Outcome**
Gavin KW Lee, Rheumatology Centre, Hong Kong Sanatorium & Hospital

Symposium X: Sponsored by Boehringer Ingelheim (HK) Ltd

12:10 - 12:40 **The Journey to Optimize Type 2 Diabetes Therapy**
Lawrence A Leiter, Division of Endocrinology and Metabolism, St Michael's Hospital, University of Toronto, Canada

Lunch Symposium: Sponsored by Merck Sharp & Dohme (Asia) Ltd

12:40 – 13:25 **Guidelines in Lipid Management - Application in Clinical Practice**
Brian Tomlinson, Department of Medicine and Therapeutics, CUHK

13:25 – 14:10 **Lowering CV Risk- Can you IMPROVE-IT?**
Hung-Fat Tse, Department of Medicine, HKU

Symposium XI: Sponsored by Eli Lilly Asia, Inc. and AstraZeneca Hong Kong Limited

14:10 – 14:40 **New Trends in Biologic Therapy: Biosimilar Drugs**
(Sponsored by Eli Lilly Asia, Inc.)
Jacek Kiljański, Global Diabetes Medical Affairs, Eli Lilly and Company

14:40 – 15:10 **Non-Insulin Dependent Pathway - A Novel Way to Control Excess Glucose**
(Sponsored by AstraZeneca Hong Kong Limited)
Kathryn CB Tan, Department of Medicine, HKU

Symposium XII: Current Perspective of Stroke

15:10 – 15:30 **Psycho-Cognitive Sequelae of Stroke**
Joseph SK Kwan, Department of Medicine, The University of Hong Kong, HKU

15:30 – 16:00 **Coffee & Tea Break, Poster Viewing and Booth Visit**

Symposium XIII: Aging Eye Problems

16:00 – 16:20 **Sequential Therapy with Intraocular Steroid and Anti VEGF for Macular Edema**
Ian Wong, Department of Ophthalmology, HKU

16:20 – 16:40 **Electrical Stimulation in the Treatment of Glaucoma**
Jimmy Lai, Department of Ophthalmology, HKU

16:40 – 16:50 **Young Investigator Award Presentation Ceremony and Closing Remarks**

Call for Abstracts

Abstract Submission Procedure

All participants are invited to submit abstracts in either poster or oral format for presentation at the Symposium.

The abstract form can be downloaded at <http://www.med.hku.hk/hbha/isha2015/abstractform.doc>. Please submit your abstract by **9 February 2015** in MS Word format via online submission at <http://www.med.hku.hk/hbha/isha2015/onlineabstract.php> or

by mail (with a disc containing the soft copy) to the following:

Symposium Secretariat

Research Centre of Heart, Brain, Hormone & Healthy Aging

1/F William MM Mong Block, Li Ka Shing Faculty of Medicine

The University of Hong Kong, 21 Sassoon Road, Pokfulam, Hong Kong

Instructions and Format for Abstract:

1. Submitted material should not be previously published.
2. All abstracts must be written in English within the box provided and set in Times New Roman with no less than 12 points in font size within 800 words.
3. The title of the abstract should be typed in Capital Letters. Authorship: initials followed by family name, and underline the presenting author (please also list the address(es) / institution(s) of the authors).
4. The objectives, methods, results and conclusions should be described. One figure or table may be included, though at the expense of the total number of words.
5. Confirmation of acceptance of abstracts will be communicated to the Presenting Author by **16 February 2015**. If no reply is received by the date, please contact the Secretariat. The exact schedule of shortlisted presentations at the Symposium will be communicated to the Presenting Author by **27 February 2015**.
- 6. All presenting authors will enjoy an exemption of registration fee if their abstracts are accepted for oral or poster presentation.**
- 7. The presenting author, who is below the position of Assistant Professor or equivalent, is eligible to participate in the Young Investigator Awards Competition for their Oral and Poster presentations.**

Please contact the Symposium Secretariat via email hbha@hku.hk should you have any queries.

Note: The deadline of submission is **9 February 2015**.

Abstract sent in by fax will not be accepted.

Young Investigator Awards

Prizes each for the oral and poster presentations will be awarded for the outstanding presentations by young researchers. The presenting author, who is below the position of Assistant Professor or equivalent, should indicate on the abstract form if they wish to have their abstracts considered for the Award. Shortlisted finalists will be requested to make presentations for the adjudicators to review at the Symposium.

Registration

Registration Procedure

Please register for the Symposium by:

- (1) online registration at www.med.hku.hk/hbha/isha2015 or ;
- (2) completing and returning the registration form overleaf by fax at (852) 2816 5258 or by mail to the Symposium Secretariat:

Research Centre of Heart, Brain, Hormone & Healthy Aging
1/F, William MW Mong Block
Faculty of Medicine Building
21 Sassoon Road
Pokfulam, Hong Kong

Please send a crossed cheque payable to “The University of Hong Kong” with the appropriate fee and the completed registration form to the Symposium Secretariat by **23 February 2015**.

DEADLINE FOR REGISTRATION: 23 FEBRUARY 2015

Official Receipt

An official receipt for the registration fee will be attached in the registration package for collection at the Symposium. On-site registration with payment in cash at the Symposium is also accepted. An official receipt will be issued after the event by mail to the on-site registrants.

On-site registration is also accepted, subject to the sitting capacity. Registrants have to pay the fee in cash at the Symposium.

Entitlement

Registrants will be entitled to:

- attend the Opening Ceremony
- participate in all symposia (including the lunch symposia)
- visit the poster exhibition
- receive a certificate of attendance, upon request, and a copy of the programme booklet

Cancellation of Registration

Only 50% of the registration fee will be refunded if notification of cancellation is made in writing on or before 23 February 2015. No refund will be made for any notification of cancellation received after 23 February 2015.



Tenth International Symposium on Healthy Aging: A Decade of Positive Aging

7-8 March 2015

The Ballroom, 3/F, Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Hong Kong

REGISTRATION FORM

Deadline for submission: 23 February 2015

Please complete this form in **BLOCK** letters

Title (please tick ✓): Prof Dr Mr Mrs Miss

Surname: Given Name:

Department: Institution:

Mailing Address:

.....

.....

Tel: Fax: *E-mail:

** Please provide your address and/or email address in full accurately to ensure that you will receive the letter of confirmation for registration..*

REGISTRATION FEES

Registration	Amount
<input type="checkbox"/> Medical Doctor/ Research Scientist	HK\$ 600
<input type="checkbox"/> Nurse/ Allied Health Professional	HK\$ 300
<input type="checkbox"/> Intern/ Postgraduate Student (with document of proof from unit head/ supervisor)	HK\$ 300

A 50% discount will be offered to HKU staff / student / alumni and HA HK West Cluster Staff

Please quote your staff / student number:

Certificate of Attendance

I would like to request for a Certificate of Attendance.

Payment

The completed registration form with payment, where applicable, should be sent to the **Symposium Secretariat, Research Centre of Heart, Brain, Hormone & Healthy Aging, 1/F, William M.W. Mong Block, Li Ka Shing Faculty of Medicine, The University of Hong Kong, 21 Sassoon Road, Pokfulam, Hong Kong** or by Fax: (852) 2816 5258, or by email: hbha@hku.hk **by 23 February 2015**. Cheques should be crossed and made payable to: "The University of Hong Kong".

Date

Signature





<http://www.med.hku.hk/hbha/isha2015/>