

Seventh International Symposium on Healthy Aging



Live Well Age Well

Date

3-4 March 2012

Venue

**The Ballroom, 3rd Floor
Sheraton Hong Kong Hotel & Towers
Tsimshatsui, Hong Kong**

Call for Abstracts and Registrations

Deadlines

8 February 2012 (*Abstract Submission*)

15 February 2012 (*Registration*)

Organised by

Research Centre of Heart, Brain, Hormone and Healthy Aging



**THE UNIVERSITY OF HONG KONG
LI KA SHING FACULTY OF MEDICINE**

香港大學李嘉誠醫學院

Important Dates

Deadline for Submission of Abstracts

8 February 2012

Deadline for Registrations

15 February 2012

Dates of the Symposium

3-4 March, 2012



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Welcome Message

On behalf of the Organising Committee, we are most delighted to invite you to the Seventh International Symposium on Healthy Aging organised by the Research Centre of Heart, Brain, Hormone and Healthy Aging on 3-4 March 2012 at the Ballroom, Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Hong Kong

Following the success of the previous Symposia in 2006 to 2011, this year's programme is titled "Live Well Age Well". We will continue our focus on the promotion of healthy aging from a multidisciplinary perspective and provide updates on the development of novel therapeutic as well as diagnostic approaches against aging-related problems. Built around the four research themes of our Centre, namely "Degeneration and Regeneration", "Diabetes and Metabolic Syndrome", "Vascular Biology", and "Cell Therapy and Tissue Engineering", plenary lectures in areas of basic research, prevention, treatment, management, and rehabilitation will be offered in the 2-day scientific programme consisting of 11 major symposia and 2 lunch symposia. In addition, the Young Investigator Awards will be offered, under the sponsorship of Sun Chieh Yeh Heart Foundation, to recognise and award the outstanding young researchers for their oral and poster presentations.

We sincerely welcome all healthcare professionals to participate in this very stimulating and comprehensive meeting. We look forward to seeing you!



Dr Koon-Ho Chan
Co-Chairman
Organising Committee



Dr Raymond CC Chang
Co-Chairman
Organising Committee



Professor Karen SL Lam
Director
Research Centre of Heart, Brain,
Hormone & Healthy Aging

Organising Committee

Co-chairmen	Members
Dr Koon-Ho Chan Dr Raymond CC Chang	Prof Ying-Shing Chan Prof Bernard MY Cheung Prof Raymond TF Cheung Prof Leung-Wing Chu Dr Man-Lung Fung Prof Michael G Irwin Prof Karen SL Lam Dr Angela YM Leung Prof Ronald A Li Dr Marcus Marcet Prof Kathryn CB Tan Prof Hung-Fat Tse

Symposium Secretariat

Research Centre of Heart, Brain, Hormone & Healthy Aging
1/F, William MW Mong Block
Faculty of Medicine Building
21 Sassoon Road
Pokfulam, Hong Kong

Telephone : (852) 2819 9866
Fax : (852) 2816 5258
Email : hbha@hku.hk
Website : www.med.hku.hk/hbha/isha2012



Symposium Information

Dates and Venue

The Symposium will be held on Saturday, 3 March and Sunday, 4 March 2012. All sessions will take place at the Ballroom, 3/F, Sheraton Hong Kong Hotel & Towers, Tsimshatsui.



Official Language

All sessions will be conducted in English.

Attendance

CME/CNE/CPD points:

Continuing Medical Education (CME), Continuing Nursing Education (CNE) and Continuing Professional Development (CPD) credits have been applied from the respective Colleges.

Name Badges:

All registrants will be provided with a name badge which should be worn for identification purposes and admission to the Meeting.

Certificate of Attendance:

Certificates of Attendance will be issued to the registrants. For those on-site registrants, the Certificate of Attendance will be issued after the event by mail.

Letter of Invitation:

The Organising Committee will issue a letter of invitation upon request. The invitation is intended to facilitate participants' arrangements for travel visa application and/ or their own reimbursement and does not imply any provision of financial or other support.

Exhibition:

An exhibition at the Symposium will feature pharmaceutical products, cardiac devices, and medical equipment. Please contact the Symposium Secretariat for more information.

List of Renowned Speakers

Jubin Abutalebi, Faculty of Psychology, University Vita-Salute San Raffaele, Italy

Kenny K Chung, Section of Biochemistry and Cell Biology, Division of Life Science, The Hong Kong University of Science and Technology

Carmen Ho, Department of Medicine, Tung Wah Hospital, Hong Kong

Philip WL Ho, Department of Medicine, The University of Hong Kong

Ivan FN Hung, Department of Medicine, The University of Hong Kong

Mary SM Ip, Department of Medicine, The University of Hong Kong

Annie WC Kung, Department of Medicine, The University of Hong Kong

Esther YY Lau, Department of Psychology, The University of Hong Kong

Andrew CK Law, Department of Psychiatry, The University of Hong Kong

Simon YK Law, Department of Surgery, The University of Hong Kong

Ka-Kui Lee, Specialist in Endocrinology, Diabetes & Metabolism

Kathy LF Lee, Department of Medicine, Queen Mary Hospital, Hong Kong

Po-Sing Leung, School of Biomedical Sciences, The Chinese University of Hong Kong

Felix FK Li, Specialist in Nephrology

Eddie CH Ma, Department of Biology and Chemistry, City University of Hong Kong

Robert A Moore, Pain Research and Nuffield Division of Anaesthetics, Department of Clinical Neurosciences, University of Oxford, The Churchill Hospital, United Kingdom

Lars S Rasmussen, Department of Anesthesia, Centre of Head and Orthopedics, Copenhagen University Hospital, Denmark

Chi-Ho To, School of Optometry, The Hong Kong Polytechnic University

Brian Tomlinson, Department of Medicine & Therapeutics, The Chinese University of Hong Kong

Man-Wo Tsang, Department of Medicine, United Christian Hospital, Hong Kong

Hung-Fat Tse, Department of Medicine, The University of Hong Kong

Angela YM Wang, Department of Medicine, The University of Hong Kong

Bryan Williams, Department of Cardiovascular Sciences, The University of Leicester, United Kingdom

Chun-Yip Yeung, Department of Medicine, Queen Mary Hospital, Hong Kong

Programme at a Glance

3 March 2012 (Saturday)

08:40 - 09:00 Registration

09:00 - 09:10 Opening Remarks

Symposium I: Regenerative Medicine

09:10 - 09:50 **Angiotensin II-induced Growth and Differentiation of Human Pancreatic Progenitor Cells into Functional Islet-like Cell Clusters**
Po Sing LEUNG, School of Biomedical Sciences, The Chinese University of Hong Kong

09:50 - 10:10 **Switching on Regeneration**
Eddie CH MA, Department of Biology and Chemistry, City University of Hong Kong

10:10 - 10:40 Coffee & Tea Break, Poster Viewing and Booth Visit

10:40 - 11:45 Young Investigator Award Forum I (Oral Presentations)

Symposium II: Neuro-degeneration

11:45 - 12:05 **Stay Energetic until the End**
Philip WL HO, Department of Medicine, The University of Hong Kong

12:05 - 12:25 **The Role of Mitochondrial Dysfunction and Protein Aggregation in Parkinson's Disease**
Kenny K CHUNG, Section of Biochemistry and Cell Biology, Division of Life Science, The Hong Kong University of Science and Technology

12:25 - 12:45 **Parkinson's Disease: Perspectives from a Psychiatrist**
Andrew CK LAW, Department of Psychiatry, The University of Hong Kong

Lunch Symposium: Diabetes in the Elderly

Sponsored by Bristol Myers Squibb Pharma (HK) Ltd and AstraZeneca Hong Kong Limited

12:45 - 13:30 **Management of Type 2 Diabetes for the Elderly**
Man-Wo TSANG, Department of Medicine, United Christian Hospital, Hong Kong

13:30 - 14:15 **CV Risk & Lipid Management in Diabetic Patients**
Brian Tomlinson, Department of Medicine & Therapeutics, The Chinese University of Hong Kong

14:15 - 14:30 Opening Ceremony

Symposium III: Stroke Prevention

Sponsored by Boehringer Ingelheim Hong Kong Ltd

14:30 - 15:00 **Fulfilling unmet needs in antithrombotic therapy for stroke prevention in atrial fibrillation**
Hung-Fat TSE, Department of Medicine, The University of Hong Kong

Symposium IV: Lipid and Aging

15:00 - 15:30 **The Lower The Better, but How do We Achieve the Goal?**
Kathy LF Lee, Department of Medicine, Queen Mary Hospital, Hong Kong

15:30 - 16:00 Coffee & Tea Break, Poster Viewing and Booth Visit

Symposium V: Sleep & Healthy Aging

16:00 - 16:30 **Breathe Well, Sleep Well, and Age Well**
Mary SM IP, Department of Medicine, The University of Hong Kong

16:30 - 16:50 **Sleep, Aging and Cognition**
Esther YY LAU, Department of Psychology, The University of Hong Kong

Programme at a Glance

4 March 2012 (Sunday)

08:45 – 09:00 Registration

Symposium VI: Urology / Sphincter & Aging

09:00 – 09:20 **Effect of Aging on the Bladder**
Carmen HO, Department of Medicine, Tung Wah Hospital, Hong Kong

09:20 – 09:40 **Late Onset Hypogonadism in the Aging Male**
Ka Kui LEE, specialist in Endocrinology, Diabetes & Metabolism

09:40 – 10:45 **Young Investigator Award Forum II (Oral Presentations)**

10:45 – 11:15 Coffee & Tea Break, Poster Viewing and Booth Visit

Symposium VII: Aging of the Senses

11:15 – 11:35 **The Aging Brain: Bilingualism as a Protective Factor**
Jubin ABUTALEBI, Faculty of Psychology, University Vita Salute San Raffaele, Italy

11:35 – 11:55 **Myopia – A Growing Ocular Health Concern**
Chi-Ho TO, School of Optometry, Hong Kong Polytechnic University

11:55 – 12:15 **Esophageal Cancer in the Elderly: Improvement in Treatment Results**
Simon YK LAW, Department of Surgery, The University of Hong Kong

Symposium VIII: Complications of Diabetes

12:15 – 12:35 **The Diabetic Foot - An Overview of Assessment and Management**
Chun-Yip YEUNG, Department of Medicine, Queen Mary Hospital, Hong Kong

12:35 – 12:55 **Diabetic Autonomic Neuropathy of the Gastrointestinal Tract**
Ivan FN HUNG, Department of Medicine, The University of Hong Kong

Lunch Symposium: Management of Osteoporosis and Blood Pressure in the Elderly Sponsored by Nycomed: a Takeda Company

12:55 – 13:40 **Latest Advances in Osteoporosis Management**

*Annie WC Kung, Department of Medicine,
The University of Hong Kong*

13:40 – 14:25 **Management of Blood Pressure, What are the New Standards of Care?**

*Bryan Williams, Department of Cardiovascular Sciences,
University of Leicester, United Kingdom*

Symposium IX: Alzheimer's Disease

14:25 – 14:55 **Challenges in the Perioperative Care of Patients with Dementia**

*Lars S Rasmussen, Department of Anesthesia, Centre of Head and
Orthopedics, Copenhagen University Hospital, Denmark*

Symposium X: Pain in Aging

14:55 – 15:30 **Powerful Coxib with Proven Safety Profile**

*Robert A Moore, Pain Research and Nuffield Division of Anaesthetics,
Department of Clinical Neurosciences, University of Oxford,
The Churchill Hospital, United Kingdom*

15:30 – 16:00 Coffee & Tea Break, Poster Viewing and Booth Visit

Symposium XI: Nephropathy

16:00 – 16:20 **How can we Improve Cardiovascular Outcomes of Diabetic Patients with End-stage Kidney Disease?**

*Angela YM WANG, Department of Medicine,
The University of Hong Kong*

16:20 – 16:40 **Diabetic Nephropathy**

Felix FK LI, specialist in Nephrology

16:40 – 17:00 **Young Investigator Award Presentation Ceremony and Closing Remarks**

Call for Abstracts

Abstract Submission Procedure

All participants are invited to submit abstracts in either poster or oral format for presentation at the Symposium. Please refer to the following guidelines for submission:

- Submitted materials should not be previously published.
- All abstracts must be written in English and submitted before **8 February 2012**.
- Confirmation of acceptance of abstracts will be communicated to the Presenting Author by 17 February 2012. If no reply is received by the date, please contact the Secretariat.
- The exact schedule of shortlisted presentations at the Symposium will be communicated to the Presenting Author by 22 February 2012.
- **All presenting authors will enjoy an exemption of registration fee once their abstracts are accepted.**

Submission of abstracts should be made in soft copy in MS Word format either:

- (a) via email to the Symposium Secretariat: hbha@hku.hk; or
- (b) by mail (with a disc containing the soft copy) to the following:

Symposium Secretariat
Research Centre of Heart, Brain, Hormone & Healthy Aging
The University of Hong Kong
Li Ka Shing Faculty of Medicine
1/F, William MW Mong Block
Faculty of Medicine Building
21 Sassoon Road
Pokfulam, Hong Kong

Note: The deadline of submission is 8 February 2012 (postmark).
Abstract sent in by fax will not be accepted.

Young Investigator Awards

Prizes each for the oral and poster presentations will be awarded for the outstanding presentations by young researchers. Authors should indicate on the abstract form if they wish to have their abstracts considered for the Award. Shortlisted finalists will be requested to make presentations for the adjudicators to review at the Symposium.



SEVENTH INTERNATIONAL SYMPOSIUM ON HEALTHY AGING:
“Live Well Age Well”

3-4 March 2012

The Ballroom, 3/F, Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Hong Kong

ABSTRACT FORM

Deadline for submission: 8 February 2012

Abstract submitted by fax will not be accepted

Please complete this form in **BLOCK** letters

Title (please tick ✓): Prof Dr Mr Mrs Miss

Presenting Author: (Surname) (Given Name)

Department: Institution:

Mailing Address:

.....

.....

Mobile Phone No.: Fax: *E-mail:

* Please provide your address and email address in full accurately to ensure that you will receive the confirmation for submission

Instructions and Format for Abstract:

1. Submitted material should not be previously published
2. All abstracts must be written in English within the box provided and set in Times New Roman with no less than 10 points in font size.
3. The title of the abstract should be typed in Capital Letters. Authorship: initials followed by family name, and underline the presenting author (please also list the address(es) / institution(s) of the authors).
4. The objectives, methods, results and conclusions should be described. One figure or table may be included, though at the expense of the total number of words.
5. The completed abstract form must be submitted in MS Word format to the Symposium Secretariat **by 8 February 2012** either **via email at hbha@hku.hk** or by mail with a disc containing the soft copy to the Research Centre of Heart, Brain, Hormone & Healthy Aging, 1/F, William MW Mong Block, Faculty of Medicine Building, 21 Sassoon Road, Pokfulam, Hong Kong (Faxed copy will not be accepted).
6. Confirmation of acceptance of abstracts will be communicated to the Presenting Author by 17 February 2012. If no reply is received by the date, please contact the Secretariat. The exact schedule of shortlisted presentations at the Symposium will be communicated to the Presenting Author by 22 February 2012.
7. **All presenting authors will enjoy an exemption of registration fee once their abstracts are accepted.**
8. The Young Investigator Awards will be presented to the outstanding oral and poster presentations.

Please contact the Symposium Secretariat via email hbha@hku.hk should you have any queries.

Form of presentation*:

- oral
- poster
- either oral or poster

Participation in the Young Investigator Award*:

- Yes
- No

Category*:

- Degeneration and Regeneration
- Diabetes and Metabolism
- Healthy Aging
- Stem Cell & Tissue Engineering
- Vascular Biology
- Basic Anti-Aging Research
- Others

**please ✓ as appropriate*

Title:

Authors and Institutions:

Contents of the Abstract:



Registration Procedure

Registration Procedure

Please register for the Symposium

- (1) by online registration at www.med.hku.hk/hbha/isha2012; or
- (2) by fax at (852) 2816-5258; or
- (3) by mail to (enclosed registration form must be completed and sent with the appropriate fee) to the Symposium Secretariat:
Research Centre of Heart, Brain, Hormone & Healthy Aging
1/F, William MW Mong Block
Faculty of Medicine Building
21 Sassoon Road
Pokfulam, Hong Kong

Please send a crossed cheque payable to “The University of Hong Kong” with the appropriate fee and the completed registration form to the Symposium Secretariat by **15 February 2012**.

DEADLINE FOR REGISTRATION: 15 FEBRUARY 2012

Official Receipt

An official receipt for the registration fee will be attached in the registration package for collection at the Symposium. On-site registration is also accepted. Registrants have to pay the fee in cash at the Symposium. An official receipt will be issued after the event by mail to the on-site registrants.

Entitlement

Registrants will be entitled to:

- attend the Opening Ceremony
- participate in all symposia (including the lunch symposia)
- visit the poster exhibition
- receive a certificate of attendance and a copy of the programme booklet

Cancellation of Registration

*Only 50% of the registration fee will be refunded if notification of cancellation is made in writing on or before 15 February 2012. No refund will be made for any notification of cancellation received after 15 February 2012.



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The Ballroom, 3/F, Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Hong Kong

REGISTRATION FORM

Deadline for submission: 15 February 2012

Please complete this form in **BLOCK** letters

Title (please tick ✓): Prof Dr Mr Mrs Miss

Surname: Given Name:

Department: Institution:

Mailing Address:

Tel: Fax: *E-mail:

** Please provide your address and/or email address in full accurately to ensure that you will receive the letter of confirmation for registration.*

REGISTRATION FEES

Full registration	Amount
<input type="checkbox"/> Medical Doctor/ Research Scientist	HK\$ 500
<input type="checkbox"/> Nurse/ Allied Health Professional	HK\$ 250
<input type="checkbox"/> Intern/ Postgraduate Student (with document of proof from unit head/ supervisor)	HK\$ 250

Day registration	Date#	Amount
<input type="checkbox"/> Medical Doctor/ Research Scientist	3 or 4 March 2012	HK\$ 250
<input type="checkbox"/> Nurse/ Allied Health Professional	3 or 4 March 2012	HK\$ 150
<input type="checkbox"/> Intern/ Postgraduate Student (with document of proof from unit head/ supervisor)	3 or 4 March 2012	HK\$ 150

please circle the date of attendance

A 50% discount will be given to HKU staff/ students /alumni and HA HK West Cluster staff

Please quote your staff/ student number:

Lunches

In order to facilitate the seating arrangements for the two lunch symposia, please kindly confirm your attendance below:

- Saturday, 3 March 2012**
- Sunday, 4 March 2012**

Payment

The completed registration form with payment, where applicable, should be sent to the **Symposium Secretariat, Research Centre of Heart, Brain, Hormone & Healthy Aging, 1/F, William MW Mong Block, Faculty of Medicine Building, 21 Sassoon Road, Pokfulam, Hong Kong** or by Fax: (852) 2816 5258, or by email: hbha@hku.hk **by 15 February 2012**. Cheques should be crossed and made payable to: “The University of Hong Kong”.

Date

Signature

