



DEPARTMENT OF PSYCHIATRY
Certificate Courses in Mental Health
精神健康證書課程

These courses are designed to enrich doctors and health care professionals with updated practical knowledge and skills in specific aspects of mental health care. There will be four courses with different objectives as follow:

➤ **Basic psychotherapy** - This course will provide students with a solid grounding in psychological intervention, as applied to mental health care. The historical perspectives, theoretical basis, therapeutic process and practical applications of some commonly known psychotherapeutic approaches including Cognitive Behavioral Therapy, Psychoanalysis, Hypnosis, Group Therapy & Counseling will be discussed.

➤ **Severe mental illness and risk assessment** - Equip students with an in-depth understanding of the multidisciplinary approach to the care for severe mental disorders ranging from Schizophrenic Spectrum Disorder, Bipolar Affective Disorder, Organic Psychotic/ Mood Disorder, Substance-related Mental and Behavioral Disorders and Personality disorders.

➤ **Child and adolescent psychiatry** - This course aims to equip students with the knowledge and understanding of issues pertaining to children's mental health. A developmental perspective and multidisciplinary approach will be introduced. The assessment and management of common disorders ranging from neurodevelopmental problems, internalizing problems, and externalizing problems will be covered. At the end of the module, students should have developed the basic skills in the identification of child and adolescent mental health problems, and be aware of the appropriate intervention strategies and services available.

➤ **Old age psychiatry** - Equip students with basic knowledge and understanding concerning common mental health problems in late life. Assessment and management skills for mild cognitive impairment, dementia, delirium, depression, and adjustment problems will be introduced. Fundamentals of pharmacological and non-pharmacological intervention in the context of multi-disciplinary service models will be emphasized.

Target Participants

Medical practitioners and health care professionals who have interest in advancing knowledge in mental health care

Program Information

Mode of Teaching: Interactive lectures and seminars
Schedule: Saturday afternoons, no class on public holidays

Entry Requirements

- Graduated from a recognized university and obtained a Bachelor's degree; or
- Graduated from an honor programme of a recognized university with a Bachelor's degree; or
- Completed a course of study in a tertiary educational institution and obtained professional or similar qualifications equivalent to an honor degree; and
- Relevant working experience in mental health service

Application Date

1 September, 2010 – 31 December, 2010
First come first serve with limited quota per course

Fees

Tuition Fee: HK\$ 5,000 for each certificate course
Application Fee: HK\$ 100

Contact Information

Correspondence Address: Department of Psychiatry, G/F, Multi-Centre, Tai Po Hospital, 9 Chuen On Road, New Territory, Hong Kong
Email: pgmentalhealth@cuhk.edu.hk
Website: www.psychiatry.cuhk.edu.hk
Contact Person: Ms. Sarah Chia
Telephone: (852) 2607-6029
Fax: (852) 2667-5464

Certificate Course in Mental Health (Basic Psychotherapy) 精神健康證書課程 (基礎心理治療)

Topics

History and Development of Psychotherapy

Overview of Psychotherapeutic Approaches

Cognitive Behavioral Therapy – Clinical Applications, Theory and Principles

Mindfulness-based CBT and Group Therapy

Family Therapy

Psychodynamic Approaches

Marital Therapy

Medical Hypnosis

Dialectical Behaviour Therapy and Interpersonal Therapy

Special Issues on Psychotherapy for Personality Disorders

Bereavement Counseling

Study Period

19 February, 2011 – 19 March, 2011

**Certificate Course in Mental Health
(Severe Mental Illness and Risk
Assessment)**

精神健康證書課程

(嚴重精神病及風險評估)

Topics

Schizophrenic Spectrum Disorder -
Diagnostic Issues, Assessment and Management

Bipolar Affective Disorder and Bipolar Spectrum
Disorder - Diagnostic Issues, Assessment and
Management

Organic Psychotic/ Mood Disorders

Suicide

Mental Health Ordinance

Case management approach and community
rehabilitation for SMI

Risk assessment and prediction of violence

Introduction to Forensic Psychiatry

Substance-related Mental and Behavioral
Disorders at Tertiary Care Level

Study Period

26 March, 2011 – 18 June, 2011

**Certificate Course in Mental Health
(Child and Adolescent Psychiatry)**

精神健康證書課程

(兒童及青少年精神健康)

Topics

Child Mental Health Assessment: Development
Perspective, Family Approach and
Multidisciplinary Approach

Internalizing Problems

Pervasive Development Disorders

Externalizing Problems: ADHD/ODD/CD

Childhood/Adolescent Onset Psychotic Disorders

Pharmacotherapy for Child and Adolescent
Psychiatric Problems

Specific Learning Difficulties

Child Abuse and Related Issues

Treatment Models and Service Delivery in Child
and Adolescent Psychiatry

Study Period

16 April, 2011 – 4 June, 2011

**Certificate Course in Mental Health
(Old Age Psychiatry)**

精神健康證書課程

(長者精神健康)

Topics

Cognitive and Functional Assessments for the
Elderly

Depression and Suicidal Behaviours in the Elderly

Dementia and Mild Cognitive Impairment

Delirium in the Elderly

Common Mental Disorders in Liaison Psychiatry

Vascular Cognitive Impairment

Pharmacotherapy and Non-pharmacological
Interventions in Old-age Psychiatry

Mental Capacity and Consent for Treatment

Guardianship and Ethical Issues

Service Models and Preventive Aspects in
Psychogeriatrics

Community Service for the Frail Elderly and
How to Promote Brain Health

Carer Interventions in Elderly Mental Health
Problems

Study Period

16 April, 2011 – 11 June, 2011



香港中文大學精科學系
THE CHINESE UNIVERSITY OF HONG KONG
Department of Psychiatry

Part-time Certificate Course in Mental Health 2011

This form should be completed and returned to the Department of Psychiatry together with (1) Cheque payment of HK \$100 (non-refundable) to "The Chinese University of Hong Kong" (2) Copies of Academic/Professional Qualifications

1. PERSONAL PARTICULARS

Dr. /Mr. /Mrs. /Ms. /Miss. * (Please fill in your full name in block letters, as in your HK.ID Card/Passport)

Surname in English: _____

Given names in English: _____

Name in Chinese characters (if any)

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If you do not have a Hong Kong Identity Card, please give below the no. of your passport or the identity document issued by the government of your country. If You are admitted, you MUST present the same document for verification of your identity during registration.

Type of document : _____ No. _____

Do you have a right of abode in Hong Kong? Yes No

Do you require a visa/entry permit to stay in Hong Kong? Yes No

Sex: M /F * Nationality : _____

Correspondence address: _____

Working address: _____

5. DECLARATION

- a. I authorize The Chinese University of Hong Kong (below “the University”) to use my data to carry out checks on my application for admission and records of my previous studies in the Universities and other institutions.
- b. I understand that, during my registration in a programme, the data will become part of my student record and may be used for all purposes relating to my studies in accordance with the procedures of the University.
- c. I declare that the information given in support of this application is true, accurate and complete, and understand that any misrepresentation will result in disqualification of my application and subsequent enrolment in the University .

Signature: _____

Date: _____