12th Hong Kong Diabetes & Cardiovascular Risk Factors
East Meets West Symposium

1 – 2 October 2010
Hong Kong Convention and Exhibition Centre
Hong Kong SAR

Registration Brochure

Important Dates

15 August
 bisa Extended Deadline for Free Paper Submission

31 August
 bisa Deadline for Early-bird Registration

31 August
 bisa Deadline for Accommodation Reservation

10 September
 bisa Deadline for Tour Reservation

Organizers:
- Hong Kong Institute of Diabetes and Obesity
- The Chinese University of Hong Kong
- The Hong Kong Foundation for Research and Development in Diabetes
- Hong Kong Association for the Study of Obesity
- Hong Kong Ahueiokhne Society
- CMPMedica Pacific Limited

Supporting Organizations:
Welcome Message

It is our great pleasure to announce that the 12th Hong Kong Diabetes & Cardiovascular Risk Factors – East Meets West (EMW) Symposium will be held on 1 – 2 October 2010 at the Hong Kong Convention and Exhibition Centre.

This symposium is jointly organized by the Hong Kong Institute of Diabetes and Obesity (HKIDO), The Chinese University of Hong Kong, the Hong Kong Foundation for Research and Development in Diabetes (HKFRDD), the Hong Kong Association for the Study of Obesity (HKASO), the Hong Kong Atherosclerosis Society (HKAS), and CMPMedica Pacific Limited (CMPMedica). We have received supports from many professional healthcare associations for this important annual symposium. It aims to provide a forum for both clinical and scientific researchers with complementary experience and expertise to debate and foster collaboration towards a common goal of prevention and management of diabetes and its complications. This symposium provides an invaluable opportunity to learn more about recent advances in diabetes care, obesity and management of atherosclerotic diseases.

This must-attend annual symposium is expecting an attendance of more than 600 delegates. The symposium programme will feature the highest quality content and is designed to facilitate extensive networking.

We sincerely hope that our delegates find the scientific programme inspiring and educational, and take full opportunity to enjoy the many contrasts of east and west which epitomize Hong Kong and the hospitality of her people.

Professor Ronald C. W. Ma
Chairman
Organizing Committee

Professor Thomas Y. K. Chan
Chairman
Scientific Committee
Organizers and Supporting Organizations

Organizers

- Hong Kong Institute of Diabetes and Obesity, The Chinese University of Hong Kong
- Hong Kong Foundation for Research and Development in Diabetes
- Hong Kong Association for the Study of Obesity
- Hong Kong Atherosclerosis Society
- CMP Medica Pacific Limited

Supporting Organizations

- Asia Diabetes Foundation
- Association of Hong Kong Diabetes Nurses
- Diabetes Hongkong
- Hong Kong College of Cardiology
- Hong Kong Dietitians Association
- Hong Kong Society of Endocrinology, Metabolism and Reproduction
- Hong Kong Society of Nephrology
- International Podiatrists Association of Hong Kong
- School of Public Health and Primary Care, The Chinese University of Hong Kong
- Society of Physicians of Hong Kong

Organizing Committee

Chairman: Ronald C. W. Ma
Co-chairman: Francis C. C. Chow

Scientific Committee

Chairman: Thomas Y. K. Chan
Co-chairman: Kathryn C. B. Tan
Members: Juliana C. N. Chan, Ronald C. W. Ma, Aimen Xu, Bernard M. Y. Cheung, Brian Tomlinson, Gang Xu, Yu Huang, Rebecca Y. M. Wong, Sylvia S. W. Lam, Samuel Y. S. Wong
Faculty

John Betteridge, The University College London Medical School (UK)
Patrick Boyle, The University of New Mexico (USA)
June Chan, Hong Kong Sanatorium & Hospital (Hong Kong SAR)
Bernard Cheung, The University of Hong Kong (Hong Kong SAR)
Francis Chow, Prince of Wales Hospital (Hong Kong SAR)
Wing-sun Chow, Queen Mary Hospital (Hong Kong SAR)
Clive Cockram, The Chinese University of Hong Kong (Hong Kong SAR)
Herman Haller, Hannover Medical School (Germany)
Yu Huang, The Chinese University of Hong Kong (Hong Kong SAR)
Gary Ko, Prince of Wales Hospital (Hong Kong SAR)
Sylvia Lam, Qualigenics Diabetes Centre (Hong Kong SAR)
K. F. Lee, Kwong Wah Hospital (Hong Kong SAR)
Peng Li, Tsinghua University (China)
Andrea Luk, Prince of Wales Hospital (Hong Kong SAR)
Brian Tomlinson, The Chinese University of Hong Kong (Hong Kong SAR)
Peter Tong, The Chinese University of Hong Kong (Hong Kong SAR)
Nick Wareham, Institute of Metabolic Science (UK)
Rebecca Wong, Prince of Wales Hospital Diabetes & Endocrine Centre (Hong Kong SAR)
Vincent Wong, The Chinese University of Hong Kong (Hong Kong SAR)
Aimin Xu, The University of Hong Kong (Hong Kong SAR)
Gang Xu, The Chinese University of Hong Kong (Hong Kong SAR)
Shizuya Yamashita, Osaka University (Japan)
Vincent Yeung, Our Lady of Maryknoll Hospital (Hong Kong SAR)
Linda Yu, Hospital Authority (Hong Kong SAR)
Ping Zhang, Centers for Disease Control and Prevention (USA)
Call for Papers

The Scientific Committee welcomes the submission of abstracts on selected topics to the “12th Hong Kong Diabetes and Cardiovascular Risk Factors – East Meets West Symposium”. Accepted abstracts will be published in the Programme Book which will be distributed to all delegates. The Committee reserves the right to reject abstracts and edit the language.

Application

Abstract submission MUST be done by e-mail or online. All free paper presenters are required to register with the symposium for presenting their works.

Submission

- Authors should complete registrations before the submission of abstracts.
- Authors are requested to fill out the Abstract Submission Form either on the official abstract submission form or online.
- Authors who wish to submit more than one abstract should fill out a separate submission form.
- Abstracts must be submitted electronically as an e-mail attachment or online.
- Abstracts should be typed single-spaced in MS Word format in English using 12-point font of Regular Times New Roman in not more than 300 words. Authors must type their initials and last name, but not degrees, titles or institutional appointments. The author’s full name must be exactly the same on all abstract submission forms, when more than one abstract is submitted. The presenter of the paper must have his/her name mentioned first and underlined. Authors must indicate the name and address of the institution where the work was carried out.
- Authors must arrange the text as follows:
  a. Purpose of the study
  b. Methods
  c. Summary of results
  d. Conclusions
- Authors must use standard abbreviations and place a special or unusual abbreviation in parentheses after the full word the first time it appears.
- Simple tables or graphs (in black ink) may be included.
- Abstract presenters may apply for the Young Investigator Award. Applicant must be under the age of 45 years. The age must be certified with a supporting letter from the applicant’s immediate supervisor.

Topic for Abstract Submission

You may select one of the following topics for your paper:
1. Diabetes
2. Obesity
3. Atherosclerosis

Selection Criteria

The selection of abstracts by the Scientific Committee will be based on the following criteria, which will be assessed with equal weighting:

i. Scientific rationale and clinical relevance of the objectives
ii. Innovation and originality of the project
iii. Appropriateness of the methodology, data analysis and conclusion
iv. Clarity of presentation

Young Investigator Awards

Winner: USD 500
1st Runner-up: USD 300

Submission Deadline

Extended to 15 August 2010

Notification of Acceptance

30 August 2010
### Scientific Programme

**1 October 2010 (Friday)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00 – 10:00</td>
<td>Registration for Lay Programme and Research Workshop</td>
</tr>
</tbody>
</table>
| 10:00 – 11:30 | Lay Programme for Patients *(conducted in Cantonese)*  
- The use of nutrition labelling in diabetes management  
  *Sylvia Lam (Hong Kong SAR)*  
- Practical issues in daily management  
  *Rebecca Wong (Hong Kong SAR)*  
  Research Workshop for Trainees: clinical epidemiology with specific application to diabetes  
  *(starts at 9:30am)*  
  - Descriptive epidemiology  
    *Nick Wareham (UK)*  
  - Aetiological epidemiology  
    *Nick Wareham (UK)*  
  - Disease prediction  
    *Gary Ko (Hong Kong SAR)*  
  - Critical appraisal of clinical trial  
    *Wing-sun Chow (Hong Kong SAR)* |
| 11:30 – 12:00 | Coffee Break and Exhibition                                                                     |
| 12:00 – 12:45 | Registration for 12th EMW                                                                        |
| 12:45 – 13:30 | Mini-buffet Lunch and Exhibition                                                                |
| 13:30 – 14:30 | Lunch Symposium  
- Thiazolidinediones, glycemic control and vascular outcome  
  *Speaker TBC*  
  - Chronic disease management and shared care – from research to policies  
    *Linda Yu (Hong Kong SAR)*  
  - The cost effectiveness of interventions and willingness to pay for preventing diabetes  
    *Ping Zhang (USA)* |
| 14:30 – 15:00 | Opening Remarks  
*Ronald Ma, Chairman of Organizing Committee* |
| 15:00 – 16:30 | HKFRDD Symposium  
- Cardiovascular risk factors – a local landscape  
  *Bernard Cheung (Hong Kong SAR)*  
- Chronic disease management and shared care – from research to policies  
  *Linda Yu (Hong Kong SAR)*  
- The cost effectiveness of interventions and willingness to pay for preventing diabetes  
  *Ping Zhang (USA)* |
| 16:30 – 17:00 | Coffee Break and Exhibition                                                                     |
| 17:00 – 18:00 | HKFRDD Plenary Lecture  
*How good is HbA$_1c$ for diagnosing diabetes*  
*Nick Wareham (UK)* |
| 18:00 – 19:30 | Satellite Evening Symposium *(sponsor: Novartis)*                                               |
| 19:30 – 20:30 | Mini-buffet Dinner and Exhibition                                                               |
### 2 October 2010 (Saturday)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:30 – 09:00</td>
<td>Registration</td>
</tr>
<tr>
<td>09:00 – 10:00</td>
<td>Oral Presentation</td>
</tr>
<tr>
<td>10:00 – 11:00</td>
<td>HKASO Plenary Lecture</td>
</tr>
<tr>
<td></td>
<td>Topic TBC</td>
</tr>
<tr>
<td></td>
<td>Speaker TBC</td>
</tr>
<tr>
<td>11:00 – 11:05</td>
<td>Presentation of Young Investigator Awards</td>
</tr>
<tr>
<td>11:05 – 11:35</td>
<td>Coffee Break and Exhibition</td>
</tr>
<tr>
<td>11:35 – 13:05</td>
<td>HKASO Symposium</td>
</tr>
<tr>
<td></td>
<td>The role of psychosocial factors in the pathogenesis of obesity</td>
</tr>
<tr>
<td></td>
<td>Gary Ko (Hong Kong SAR)</td>
</tr>
<tr>
<td></td>
<td>Types of fat and energy homeostasis</td>
</tr>
<tr>
<td></td>
<td>Peng Li (China)</td>
</tr>
<tr>
<td></td>
<td>Non-alcoholic fatty liver disease</td>
</tr>
<tr>
<td></td>
<td>Vincent Wong (Hong Kong SAR)</td>
</tr>
<tr>
<td>13:05 – 13:50</td>
<td>Mini-buffet Lunch and Exhibition</td>
</tr>
<tr>
<td>13:50 – 14:50</td>
<td>Lunch Symposium (sponsor: Takeda)</td>
</tr>
<tr>
<td></td>
<td>The role of thiazolidinediones in the management of Type 2 diabetes</td>
</tr>
<tr>
<td></td>
<td>Patrick Boyle (USA)</td>
</tr>
<tr>
<td>14:50 – 15:50</td>
<td>HKAS Plenary Lecture</td>
</tr>
<tr>
<td></td>
<td>The role of statins and fibrates in the management of dyslipidaemia –</td>
</tr>
<tr>
<td></td>
<td>what has the ACCORD study taught us?</td>
</tr>
<tr>
<td></td>
<td>John Betteridge (UK)</td>
</tr>
<tr>
<td>15:50 – 16:20</td>
<td>Coffee Break and Exhibition</td>
</tr>
<tr>
<td>16:20 – 17:50</td>
<td>HKAS Symposium</td>
</tr>
<tr>
<td></td>
<td>The role of ARBs – what are the pros and cons?</td>
</tr>
<tr>
<td></td>
<td>Herman Haller (Germany)</td>
</tr>
<tr>
<td></td>
<td>Effects of drugs on postprandial hyperlipidaemia</td>
</tr>
<tr>
<td></td>
<td>Shizuya Yamashita (Japan)</td>
</tr>
<tr>
<td></td>
<td>Reducing cardiovascular risk: what foods are really functional?</td>
</tr>
<tr>
<td></td>
<td>June Chan (Hong Kong)</td>
</tr>
<tr>
<td>17:50 – 18:00</td>
<td>Closing Remarks</td>
</tr>
<tr>
<td></td>
<td>Thomas Chan, Chairman of Scientific Committee</td>
</tr>
</tbody>
</table>

All information about the 12th Hong Kong Diabetes and Cardiovascular Risk Factors – East Meets West Symposium is provided for general information only. The Organizing Committee reserves the right to make changes without prior notice. Please refer to [www.eastmeetswest.org.hk](http://www.eastmeetswest.org.hk) for constant updates including the academic accreditation points.
Registration Procedures
Registration must be made on the official registration form or online. Payment can be made either by credit card via online registration on www.eastmeetswest.org.hk, or local cheque and bank draft in HK Dollars. Payment must be made payable to “CMPMedica Events (Hong Kong) Ltd – EMW”. For credit card payment, only Visa or Master cards will be accepted. Registration form and payment must be sent to the secretariat: East Meets West 2010 c/o CMPMedica Pacific Limited 9/F., CNT Tower, 338 Hennessy Road Wan Chai, Hong Kong SAR

Registration Entitlements
Each registered delegate will receive a registration confirmation. With this confirmation, he/she will be invited to participate in all scientific sessions, exhibition, satellite symposia, coffee breaks, lunches and dinners. A copy of the programme book and certificate of attendance will also be given to each registered delegate.

Cancellation and Refund
Written notice of cancellation must be received on or before 10 September 2010 by e-mail or fax to the secretariat. The registration fee, after deducting 50% administrative charge, will be refunded within two months after the Symposium. There will be no refund for notice of cancellation received after 10 September 2010. However, substitute of participant is allowed, subject to approval by the Organizers. Please send substitute’s details in writing to the secretariat on or before 17 September 2010. No substitution will be accepted after 17 September 2010.

Accommodation and Tours
Please visit www.eastmeetswest.org for more information.

Enquiry
CMPMedica Pacific Limited 9/F., CNT Tower, 338 Hennessy Road, Wan Chai, Hong Kong SAR Tel: (852) 2155 8557 / 2116 4348 Fax: (852) 2559 6910 E-mail: info@eastmeetswest.org.hk Website: www.eastmeetswest.org.hk

Registration Information

<table>
<thead>
<tr>
<th>Category</th>
<th>Early-bird Rate (on or before 31 August 2010)</th>
<th>Normal Rate (after 31 August 2010)</th>
<th>Day Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delegates from Hong Kong SAR &amp; Macau SAR</td>
<td>HKD 700</td>
<td>HKD 1,100</td>
<td>HKD 700</td>
</tr>
<tr>
<td>Medical Professional</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Allied Healthcare and other Professionals</td>
<td>HKD 400</td>
<td>HKD 600</td>
<td>HKD 350</td>
</tr>
<tr>
<td>Medical Student⑥</td>
<td>HKD 200</td>
<td>HKD 300</td>
<td>HKD 160</td>
</tr>
<tr>
<td>Delegates from Supporting Organizations⑦</td>
<td>HKD 500</td>
<td>HKD 800</td>
<td>HKD 500</td>
</tr>
<tr>
<td>Medical Professional</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Allied Healthcare and other Professionals</td>
<td>HKD 300</td>
<td>HKD 500</td>
<td>HKD 300</td>
</tr>
<tr>
<td>Delegates from outside Hong Kong SAR &amp; Macau SAR</td>
<td>HKD 1,600</td>
<td>HKD 2,400</td>
<td>HKD 1,600</td>
</tr>
<tr>
<td>All Categories</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

⑥Medical Student – A copy of the student card for verification is required.
⑦Supporting Organizations – Asia Diabetes Foundation, Association of Hong Kong Diabetes Nurses, Diabetes Hongkong, Hong Kong College of Cardiology, Hong Kong Dietitians Association, Hong Kong Society of Endocrinology, Metabolism and Reproduction, Hong Kong Society of Nephrology, International Podiatrists Association of Hong Kong, School of Public Health & Primary Care, CUHK and Society of Physicians of Hong Kong. The discounted rate is only applicable to individual registration.